

THE

GARRISON COMMUNITY COUNCIL

London and Region

www.qcclondon.ca



The Garrison Community Council Building Closer Connections Between Canadians and our Military

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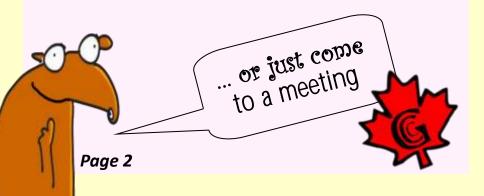
You are most welcome to join us

Like reading this Newsletter? Perhaps you have come to a meeting as a guest, enjoyed our monthly speaker and had a chat with some of the members.

The GCC holds monthly lunch meetings that include guest speakers on a range of topics such as military history, current issues and subjects of topical interest.

For a membership application, contact our Secretary, Beth Sayler on 519 851 0730 or e-mail us at

garrisoncommunitycouncil@gmail.com



Despite my harshest words, this bright red maple leaf would not get up off my lawn and go back on the tree. He will soon be followed by billions of his mates so I reckoned I'd better pour a large glass of Bordeaux and get cracking with this Newsletter before the deluge of winter preparation. I've been away for most of September so I am now on a timeline about the same as the fuse on an M67.

Next month is when our Nation lifts its consciousness from the day-to-day life and spends a bit more time thinking of our sailors, soldiers and air force personnel, both past and present. You have seen a perhaps not so subtle change in the format of the first two pages of recent issues which I hope expresses the fundamental purpose of the GCC. November will be the perfect time for each one of us get out and about, exercising that aim in all the ways we can. Please be sure to let me know

any events you are aware of so I can put them in the November issue.

While on the West Coast last month, I was fortunate to spend a day at sea on **HMCS Winnipeg**, a Canadian Patrol Frigate. An added bonus is that I could then make a small contribution to the Navy part of our magazine.

Dave Barton

FRONT COVER

HMCS Winnipeg turns to port. See Page 8 (Photo: Bill Mitchell, RRMC Class of 1969)

Juno, the 31 Canadian Brigade Group mascot yarps it up with the Brigade soldiers on Army Open Day and Job Fair at Wolseley Barracks, London. See page 11. (Photo: Dave Barton)



The General Meeting Wednesday 9 October





Lunch 11:30

Please advise your attendance to Beth Sayler by e-mail (garrisoncommunitycouncil@gmail.com) by 11:00 am the MONDAY prior so we can arrange sufficient lunches. You need also to indicate whether you want a wrap or a sandwich.

General Meeting 12:00

Speaker

Steve Sauder
Upper Thames River Conservation Authority

Flood Protection and Water Quality Improvement in the Thames Watershed



From the President

n the September Newsletter it was announced that your Executive had reviewed organisational status of the GCC. The Executive had determined that our group has exposure

to potential legal problems should any of our events result in injuries or liabilities. Consequently, the Executive is looking into the feasibility of establishing the GCC as a Not-for-Profit Corporation. The opportunity also would enable us to revise our organisational structure to reflect more current conditions. This effort continues. It is the Executive's intention to have a preliminary outline available to you by December with a draft

proposal in January that would permit consideration for approval and subsequent adoption at the AGM in February. There will be more information in the November Newsletter.

September saw us host a member of the London Police Service. He spoke to us on the sad and vile circumstances of Human Trafficking. We are fortunate to have a Police Service that not only is trying to deal with the criminals involved but which also endeavours to help those who are victims of that awful trade. In October, we will be welcoming a representative of the Upper Thames River Conservation Authority (UTRCA).

Additionally, the GCC was able to participate in the 31 Canadian Brigade Group Open House and Job Fair on the last weekend of September. Many thanks to Randy Harden for taking the helm on this one. We were glad to be present with our Reserve soldiers and also to advertise our Mission of supporting the military of the London Region.

As a final but very special point, we would like to give you a 'heads up' to the possibility of a visit by LGen Christopher Coates, the RCAF Officer who is the Deputy Commander North American Aerospace Defense Command (NORAD). NORAD is the joint US-Canada organisation responsible for the aerospace defence of the two countries. Barring unforeseen events, he will be with us midday Monday, 4 November. Please mark your calendars. The details for this event (venue, precise timings, etc) will be provided once they are confirmed. Note that the regular November Business Meeting will still happen on Wednesday 13 November at the Officers'/Warrant Officers' and Sergeants' Mess in Wolseley Barracks.

All the best,

The GCC Executive

President: Geoff Hutton **Secretary:** Beth Sayler

1st Vice President: Tom Dean **Treasurer**: Barry Graham

3rd Vice President: Randy Harden



GCC Notes

On 28 September, the GCC participated in 31 CBG's Open Day and Job Fair. Randy Harden managed this one for us. He reports that he got along famously with the Brigade mascot, *Juno*. More Photos on Page 11.

Your mission, should you choose to accept, you choose to hear.





A GCC Special Event - Monday 4 November



Lieutenant-General Christopher Coates

Deputy Commander, North American Aerospace Defense Command

There is a fair possibility that LGEN Coates, RCAF, will be in London on 4 November and he has offered to speak to the GCC and invited guests. Your executive is working through the visit planning and will let you know the detail in the second half of this month. Not often we get a three-star General on our patch! Early planning is to conduct a short, lunch hour visit to be held at 427 Wing's venue.

See https://www.norad.mil/Leadership/Article-View/Article/1604644/lieutenant-general-christopher-j-coates-cmm-msm-cd/ for biographical information.



Student Bursaries 2019

In appreciation of your service, London and Region's *Garrison Community Council*, with support from *General Dynamics Land Systems - Canada*, will award a number of bursaries to serving military personnel in Primary Reserve units who are enrolled in post-secondary education. Each bursary is worth \$1,000 and may be used for any educational expense.

How to Apply

Details and Application Forms are available on the GCC website under Outreach Activities on the website **www.gcclondon.ca** Applications <u>must</u> be submitted in electronic format and sent by e-mail (*Attention: GCC Bursary Selection Committee*) to:

garrisoncommunitycouncil@gmail.com

Primary Reserve members serving in the following local Units <u>and</u> noted locations are eligible for a GCC Bursary:

- 1st Hussars [London, Sarnia]
- 31 Combat Engineer Regiment (The Elgin's) [St. Thomas, Waterloo]
- 31 Signal Regiment [London)
- 4th Battalion, The Royal Canadian Regiment [London, Stratford]
- 31 Service Battalion [London, Windsor, Hamilton]
- 31 Military Police [London]
- 31 Canadian Brigade Group HQ

HMCS Prevost

The deadline for completed applications is 25 OCTOBER 2019

GENERAL DYNAMICS

Land Systems-Canada



The NAVY

HMCS Prevost

Change of Command



LCdr Jeremy Breese with Regional Capt(N) Tim O'Leary and incoming **Commanding Officer LCdr Derek Niles signing the Change of Command** certificates on Sept 28, 2019 at HMCS Prevost, in London, Ontario.

HMCS Prevost held an outstanding Change of Command Parade. The large number of guests and attendees clearly showed the importance of the Royal Canadian Navy in our London community. Bravo Zulu all around.

Incoming Commanding Officer, LCdr Derek Niles addressing his Ship's Company





A Day at Sea with the RCN

By Dave Barton

My first two years in the Army (1967-69) were at Royal Roads Military College in Victoria, BC. Formerly the RCN officer training school, it made me feel like I was in the Navy. I lived in a cabin, walked on decks and listed to many pipes. 50 years later I was back there for a class reunion. Part of the programme was a day sail on *HMCS Winnipeg*. The crew enthusiastically showed us around the ship, demonstrated some high speed manoeuvres and treated us to outstanding tucker on the helicopter deck. My Armoured Corps classmate and I stood in the Ops Centre and mused how





The ARMY

31 Canadian Brigade Group

These articles, normally penned by members of the Brigade, offer a casual look at 31 Canadian Brigade Group. Written without heavy use of military lexicon, acronyms and abbreviations, they support information sharing to groups with diverse backgrounds and will, hopefully, offer a less formal view of the Brigade or examination of specific issues or events.

Joe Robinson Colonel Commander, 31 Canadian Brigade Group

31 Service Battalion Delivers Warm Welcome for New 4th Division Commander

Story and Photos by: Corporal Sebastian Rovithis

On September 12th 2019 31 Service Battalion London Support Company (LSC) had the honour of showcasing a training night to Brigadier-General (BGen) Conrad Mialkowski. This included a tour of the facilities hosted by Captain (Capt) Jessica Crawford, Officer Commanding LSC, and Warrant Officer (WO) Robert Bialkowski, Company Sergeant Major.

Throughout the tour BGen Mialkowski was introduced to various components that make up 31 Service Battalion. He was able to partake in the junior officers meeting, observe troops preparing for In-



BGen Mialkowski (right) shares a laugh while Capt Crawford (centre) provides a tour of 31 Service Battalion Headquarters.

dividual Battle Training Standards (IBTS) training, and engage with members of Recruit Platoon receiving lessons on the military ranking structure.

During the observations, BGen Mialkowski presented the opportunity for troops to ask any questions. Troops took this to their advantage asking: "When will the new MultiCam uniforms become available to the reserves". BGen Mialkowski explained "The new uniform is being tested for its operational effectiveness ... ideally, in the coming years, however, things can come up which may alter that timeline". Mialkowski took the time to answer further questions throughout the tour.

While observing the members and leadership, the tour covered the training areas that 31 Service



BGen Mialkowski speaking during the junior leadership meeting with Second Lieutenants Mizan, Jinson, and Fan (left to right).

Battalion is fortunate to have. BGen Mialkowski was shown the Headquarters of 31 Service Battalion, the maintenance bay, clothing stores, transport, supply, and the Technical Services building. During this time Lieutenant-Colonel (LCol) Brian Medd, Commanding Officer of 31 Service Battalion, took the time to speak with BGen Mialkowski with regards to 31 Service Battalion overall, and the support that Technical Services provides to 31 Canadian Brigade Group.

During the tour, BGen Mialkowski had several questions for Capt Crawford regarding the various aspects of 31 Service Battalion. Capt Crawford provided an exem-



BGen Mialkowski speaking to soldiers about the importance of IBTS training. From left, Private (Pte) Ryan, Pte. Moore, Pte. Fi, Pte. Peplow, Pte. Cummings, and Pte. Sarwar.



the Recruit Platoon.

plary explanation of the LSC training plan and the resources that will be required to complete them.

31 Service Battalion would like to extend its gratitude towards BGe. Mialkowski for visiting the unit lines



BGen Mialkowski shaking hands with Corporal Daly (left), in appreciation of his efforts as a reservist.



Page 10 BGen Mialkowski and LCol Medd in the Technical Services Building .





The CADETS

Back to School means Back to Training for Cadets!

By Lt(N) Terri-Leigh Saunders, RCSU(C) Unit PAO

September often brings with it groans from teenagers everywhere as they head back to school. However, for thousands of Royal Canadian Sea, Air and Army Cadets across the South-Western

Ontario area (SWOA) it also brings with it the excitement of starting a new training year with their respective units.

Typically coinciding with the first week of school, Cadet units began their training year with full force, right out of the starting gate. In this case, Sunday September 15th saw many Air Cadet Squadrons participating in Battle of Britain commemorative parades in support of their local Legions and Air Force Associations.



Air Cadets from 80 K-W Spitfire Squadron in the Battle of Britain Parade in Waterloo, Ontario. Photo: James Tellier

Each of the three elements have also had a busy September with Sea Cadets sailing, Air Cadets gliding and Army Cadets hiking, biking and canoeing their way through some of Ontario's greatest landscapes. For many Cadets, this training continues through the month of October to get in as much outdoor time as possible before the snow flies.

Cadets have also been out and about in their communities tagging to raise funds to support upcoming activities and several units have also held Change of Command parades.

On September 28th, Cadets came together for a triservice orienteering competition held at Shades Mills Conservation Area in Cambridge. Top finishers will represent SWOA at the Regional competition being held in Ottawa later this fall.



Orienteering Team- Cadets prepare to compete in the SWOA Orienteering Competition at Shades Mills Conservation Area in Cambridge, Ontario. (Photo Lt(N) Shane Downey

Coming up in October, many units will be teaching Cadets valuable skills as they participate in field training exercises. We will also begin supporting our Veterans by assisting with the annual Royal Canadian Legion Poppy Campaign which will kick off in communities across Canada on Friday October 25th.

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We've got a busy fall ahead of us and we'll have lots more to share with you next time as our training gets into full swing!

CADETS

Sea Cadets participate in sail training while at the Cadet Nautical Site in Hamilton, Ontario. Photo: Lt(N) James Messecar





October in Our History

		V
1680 16 octobre	Nouvelle France	Québec repousse une armada composée de 2 300 hommes mené par l'amiral William Phips
1813 26 October	War of 1812	An American army is defeated by a force of Canadian militia led by Lieutenant Colonel Charles de Salaberry , the Battle of Chateauguay.
1899 30 October	Boar War	The first women nurses to serve overseas depart on the SS Sardinia with the 1st Canadian Contingent.
1918 1 October	WW I	Battle of Cambrai. Lieutenant Milton Greff of The Royal Canadian Regiment is awarded the Victoria Cross.
1918 2 October	WW I	Lieutenant-Colonel Peck was awarded the Victoria Cross for his courageous leadership during the fighting for the Drocourt-Quéant Line, near Cagnicourt in France.
1940 20 October	RCN	HMS Windflower, the first corvette built in Canada, is commissioned into the Royal Navy with a Canadian crew. She is turned over to the Royal Canadian Navy in 1941.
1942 2 October	WW II	Lieutenant-Colonel Cecil Merritt is awarded the Victoria Cross for his service at Dieppe.
1943 23 October	RCN	HMCS Royal Roads becomes the Royal Canadian Naval College and commences training cadets.
1944 5 October	RCAF	Pilots from No.401 Squadron, RCAF, destroy a German Me-262, becoming the first jet-propelled aircraft shot down by the Royal Air Force or the Royal Canadian Air Force.
1951 4 October	Korea	The 25th Canadian Infantry Brigade takes part in Operation Commando. This operation established the line held by the 1st Commonwealth Division during the remainder of the fighting in Korea.
1982 25 October	CAF	The first CF-18s are delivered in a ceremony at Uplands, Ottawa.
2001 8 October	CAF	Minister of Defence Art Eggleton announces the details of Canada's contribution to the campaign against terrorism. Canada's initial commitment involved 2000 personnel from the Canadian Forces and included the deployment of ships, aircraft and a small contingent of soldiers. It is the biggest mobilization of the armed forces
0 m		since the Korean War.

Field Marshall Helmuth von Moltke, Chief of Staff Prussian Army, 1857-1877

"I divide my officers into four classes as follows: The clever, the industrious, the lazy, and the stupid. Each officer always possesses two of these qualities.

Those who are clever and industrious I appoint to the General Staff. Use can under certain circumstances be made of those who are stupid and lazy. The man who is clever and lazy qualifies for the highest leadership posts. He has the requisite nerves and the mental clarity for difficult decisions. But whoever is stupid and industrious must be got rid of, for he is too dangerous."



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Upcoming Events

Garrison Community Council

General Meeting 9 October **Wolseley Barracks**

Planned Visit by LGen Christopher Coates, DCOMD NORAD 427 Wing 4 November

Details to be confirmed 1100-1230

General Meeting Wolseley Barracks 13 November

No meeting in December

London and Region

THE

Westminster Ponds Official Launch	9 October	See next page
The Veterans' Classic	18 October	See next page
WRENs Afternoon Tea	19 October	See next page
https://www.facebook.com/events/382799285720149/		

Victory Legion, 1100h RCR Assoc. Kowang San Luncheon 23 October

RLMI - General Meeting / Elections 4 November **HMCS Prevost** (To take effect at AGM in Feb 2020)

Vimy Legion Dinner 8 November Shrine Club

REMEMBRANCE DAY 11 November Cenotaph

Remembrance Day Reception See next page 11 November

The Pub on Richmond 11 November See below

4 RCR Mons Mixed Dinner 16 November Shrine Club, 1900h

RLMI - Christmas & Festive Season 9 December **HMCS Prevost**

At-Home Special

Victory Legion, 1100 RCR Assoc. Regimental Birthday 21 December

Lunch

4 RCR Regimental Birthday Mixed 21 December Shrine Club

Dinner

HMCS Prevost RLMI - Levee 1 January

October Calendar is on Page 17 South Western Ontario Military

Family Resource Centre

To all Military Members, Members of GCC, Members of RLMI, Members of Vimy Legion Br 145 and Members of 427 Wing, 4 RCR

Following the Remembrance Day Services at the Cenotaph on November 11th you are invited to The Pub on **Richmond** for a period of social remembrance and comradeship. Refreshments/finger foods will be served.



Save the Date!

Please join us at the official launch of the Westminster Ponds Centre for Environment & Sustainability! Located at the former Western Counties Veterans Lodge,

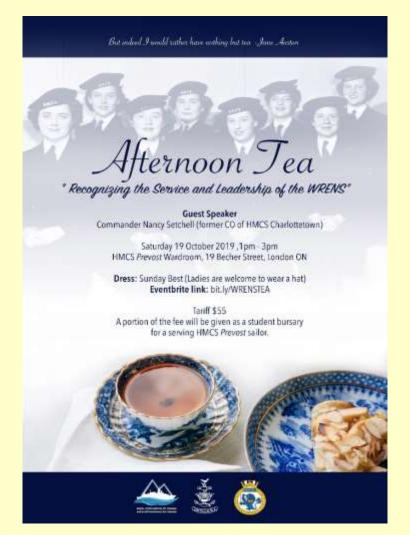
we will honour the history of the Cultural Heritage Site and Veteran's village, and unveil our Vision for the new Environmental Centre: a hub of organizations promoting sustainability, health, well-being, and environmental excellence by co-creating resources,

We can't wait to show you what we've got in store!

services and impactful programming.

Wednesday October 9, 2019 2pm 944 Western Counties Rd Details to follow RSVP: brianneereforestlondon.ca









Free Lunch for all Veterans, Cadets and Canadian Armed Forces



The Remember November 11 Association appreciates the support we receive from our Sponsors and Volunteers. Lest We Forget!



OCTOBER 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	WONDERFUL WEDNESDAYS Coffee Connection	Portfolio Development Program	4	5 Living Mindfully DIY Thanksgiving Arrangement
SKY ZONE X	7	Family Separation and Reunion Wellness Groups	9 WONDERFUL WEDNESDAYS Workshop: Meditation & Mental Wellbeing	Portfolio Development Program	11	Thanksgiving at Colasanti's
13	14	15	Montgage and Housing Info Session WONDERFUL WEDNESDAYS Coffee Connection	17	THE HALLOWEEN HAUNT Teen Social and Games Night	Mental Health First Aid for the Veteran Community Course
Mental Health First Aid for the Veteran Community Course	Family Separation and Reunion Wellness Groups	22	23 Portfolio Development Program WONDERFUL WEDNESDAYS Workshop: Marning	24	PA Day Halloween Event	26 Strength Behind the Uniform Dinner Military Community Wellness Weekend
27 Military Community Wellness Weekend	Reunion Wellness Groups Pasta Dinner Picture Night	Portfolio Development Program	WONDERFUL WEDNESDAYS Workshop: Crafting	31		Keep your eye out for an e-mail about an upcoming October teen night

London Events

For information on Hamilton and Windsor Events - please contact the respective Event Coordinator

Oct 2: Wonderful Wednesdays—Coffee Connection, Time: 9:30 AM—11:30 AM

Oct 9: Wonderful Wednesdays—WORKSHOP, **Meditation & Mental Wellbeing, Time: 9:30 AM—11:30 AM

Oct 16: Wonderful Wednesdays—Coffee Connection, Time: 9:30 AM—11:30 AM

Oct 18: Teen Social and Games Night . **Food will be provided. If you have a board game or card game you want to play please bring it. Time: 7:00 PM—9:00 PM; Ages: 11-18, Location: SWOMFRC Resource Room Contact Breda.willsie@forces.gc.ca for more details.

Oct 18: THE HALLOWEEN HAUNT: Danger from the dead! **Something seems to be going awry in the Village of Fanshawe...None of the villagers can explain it...not even the doctor. Will you make it out intact? Time: 9:00 PM; Cost: \$7 / person Location: Fanshawe Pioneer Village (Enter from 1424 Clarke Road, London, Ontario, N5V 3B4. Follow the Orange Directional Signage to Fanshawe Pioneer Village)

Oct 23: Wonderful Wednesdays—WORKSHOP, **GGIA Morning: Finding Silver Linings, Time: 9:30 AM—11:30 AM Oct 25: PA Day "Halloween Event", Time: 7:30 AM—4:00 PM Location: SWOMFRC Resource Room Oct 26: Strength Behind the Uniform Dinner, Time: 6:00 PM, Location: SWOMFRC Resource Room

Oct 30: Wonderful Wednesdays—WORKSHOP **Crafting Free-for-all

Recommended - The Midnight Village ghost walk is a 14+ event, allowing for true terrors! Please RSVP by October 7th to Bev Robbins at: 519-660-5275 X 5027 or e-mail Beverly robbins@forces.qc.ca

Hamilton Events Contact Donna Pickering P: 905-972-4000 x 6623 E: Donna.Pickering@forces.gc.ca

London Events Contact Brenda Willsie P: 519-660-5366 E: brenda.willsie@forces.gc.ca

Windsor Events Contact Erin Jordan P: 519-254-2535 x 4501 E: Erin.Jordan@forces.gc.ca

Caregiver Zone-Supporting Care-givers of Veterans in Canada http://caregiver.ca/#1/forefront/home

Contact Deborah Smith for information regarding services for Veterans and their families Deborah.Smith2@forces.gc.ca 519-660-5275 x5005 *Events subject to change* Deborah.Smith2@forces.gc.ca