



The
GARRISON COMMUNITY COUNCIL
London and Region

www.gcclondon.ca

NEWSLETTER

May 2019

Battle of Atlantic Sunday 5 May 2019 HMCS Prevost





THE GARRISON COMMUNITY COUNCIL London and Region

www.gcclondon.ca

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FRONT COVER

HMCS Sackville on convoy duty in the North Atlantic. From a painting by marine artist John M. Horton.

See Pages 4 and 10 for more paintings and information on this artist. And also Page 14 for information on this last corvette.

All paintings are reprinted with the kind permission of John Horton.

The GCC Newsletter

Submissions and suggestions are welcome and information about upcoming events is especially appreciated. Please contact any of us with an e-mail to:

garrisoncommunitycouncil@gmail.com

Submissions for the June Newsletter to your Editor by 24 June please

FROM THE EDITOR

The Royal Canadian Navy is our focus for May and rightly so. Beyond HMCS Prevost's part of the Newsletter and our guest speaker, you will find something of the Senior Service throughout this issue, even from the other side of the globe. I've added an interesting piece about HMCS Wetaskiwin from my armoured corps world and scattered a few maritime photos and paintings on the pages.

May is a busy month for the GCC. We have two tours coming up. On 11 May we cast off for the tank museum in Oshawa and then, on 22 May, we tie up alongside the Canadian Centre for Product Validation. What a grand way to sail into the Summer! Shake out those reefs and full speed ahead.

Dave Barton

You are most welcome to join us

Like reading this Newsletter? Perhaps you have attended a meeting as a guest, enjoyed our monthly speaker and had a chat with some of the members.

The GCC holds monthly lunch meetings that include guest speakers on a range of topics such as military history, current issues and subjects of topical interest.

For a membership application, contact our Secretary, Beth Sayler on 519 851 0730 or e-mail us at

garrisoncommunitycouncil@gmail.com



... or just come to
a meeting





THE GARRISON COMMUNITY COUNCIL London and Region

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The General Meeting Wednesday 8 May HMCS Prevost 19 Becher Street, London



Meet & Greet

11:15

Lunch

11:30



Please remember to advise your attendance in advance to Beth Sayler by e-mail (garrisoncommunitycouncil@gmail.com) by 11:00 am the MONDAY prior so we can arrange sufficient lunches. *You need also to indicate whether you want a wrap or a sandwich.*

General Meeting

12:00

Speaker

Commander Michele Tessier
Artic Patrol Operations & HMCS Margaret Brook

Ahoy!

May is Bring a Guest Month

Every Guest gets a free sandwich/wrap and salad (be sure to order one for them). This is a great chance to invite that friend, neighbour, fellow employee, acquaintance or family member. Be sure to introduce your guest to our host, the Commanding Officer of HMCS Prevost, our GCC President and as many of us as you can.

A Special Offer

Should they wish to join, membership for the rest of this year is half-price – \$50.





Our Guest Speaker

Commander Michele Tessier

Arctic Patrol Operations & HMCS Margaret Brook

Commander Michele Tessier was born and raised in Grand Bank, Newfoundland. She joined the Naval Reserve at HMCS CABOT in St. John's as a direct entry officer in 1996, on completion of a Bachelor of Arts degree at Memorial University.

Over the past 22 years, her career has included numerous sea and shore postings as well as international exercises in Croatia,

Germany and Norway. Her career highlights include a term as Aide to the Commander of Maritime Forces Pacific (MARPAF) during the 9/11 attacks, MARPAF/JTFP Deputy Chief of Staff, Current Operations and Intelligence, and three command tours including HMCS NANAIMO, HMCS GRIFFON (Thunder Bay), Commander Coastal Forces Pacific. She is currently employed as the Commanding Officer (designate) of the Arctic and Offshore Patrol Vessel HMCS MARGARET BROOKE, under construction in Halifax, Nova Scotia.

In November 2017, she was named one of the Women's Executive Network's "Canada's Most Powerful Women – Top 100" for 2017.



HMCS Cape Breton by John Horton

Marine Artist, CSMA, FCA, PRIMA.

www.johnhorton.ca john@johnhorton.ca

This painting was commissioned by a gentleman who served aboard this river class frigate in World War 2. He has since passed away but kindly left the painting to me in his will. We then donated it to a fundraiser and it now hangs in HMCS Discovery wardroom, in Vancouver in honour of one of the first female Captains in the Canadian Navy Reserve.

John Horton



From the President

The Spring has finally arrived. April saw us taking advantage of the opportunity to visit the Supply and Maintenance facilities of 31 CBG (the tan building just North of Beaver hall). It was an interesting visit as we saw the current weapons and equipment of 31 CBG, including the recently arrived Tactical Armoured Patrol Vehicle (TAPV). Capt Lebel, MWO York, MWO Martin and their staff gave us an informative tour and let our members handle the small arms and Carl Gustav anti-tank weapon, investigate the capabilities of the TAPV and to see some of the supply system for the Brigade's area of responsibility. (Hamilton - Windsor - Bruce Peninsula)



This month the GCC will be welcomed by LCdr Breese and members of **HMCS Prevost** on Becher St. The Guest Speaker will be **Commander Michele Tessier** who will be speaking on Artic Patrol Operations. As noted last month, on 11 May the GCC has the unique opportunity to visit the **Ontario Regiment (RCAC) Tank Museum** in Oshawa. The details for have been circulated and as you read this, there are seats remaining on our bus so sign on for a great day out. Also, on 22 May we will go on a tour of the **Canadian Centre for Product Validation** (<http://www.ccpv.ca/en/Contact-Us/>), a unique facility that is part of Fanshawe College. The details are on Page 20.

As mentioned previously, the GCC Executive is conducting a number of internal reviews aimed at confirming that you, the membership, are being provided with the optimal organisation that meets our mandate. To that end, several meetings have been held with the Commander 31 BG and the CO of **HMCS Prevost** to focus on our relationship with the military in our Region. Additionally, a subcommittee has been working to examine the structure of the GCC. We will keep you informed of developments.

As we go to press, we have just learned that 31 CBG's Aid to Civil Power Exercise 26-28 April, has just turned real and the troops are now deploying to assist in flood relief. Well done Army! Our thoughts are with you.

All the best,

Geoff

In keeping with this month's Maritime theme, photo compliments of the Guards Yacht Club



The GCC Executive

President: Geoff Hutton

1st Vice President: Tom Dean

2nd Vice President: Dave Barton

3rd Vice President: *vacant*

Secretary: Beth Saylor

Treasurer: Barry Graham

Past President: Doug McAndless



The April Meeting

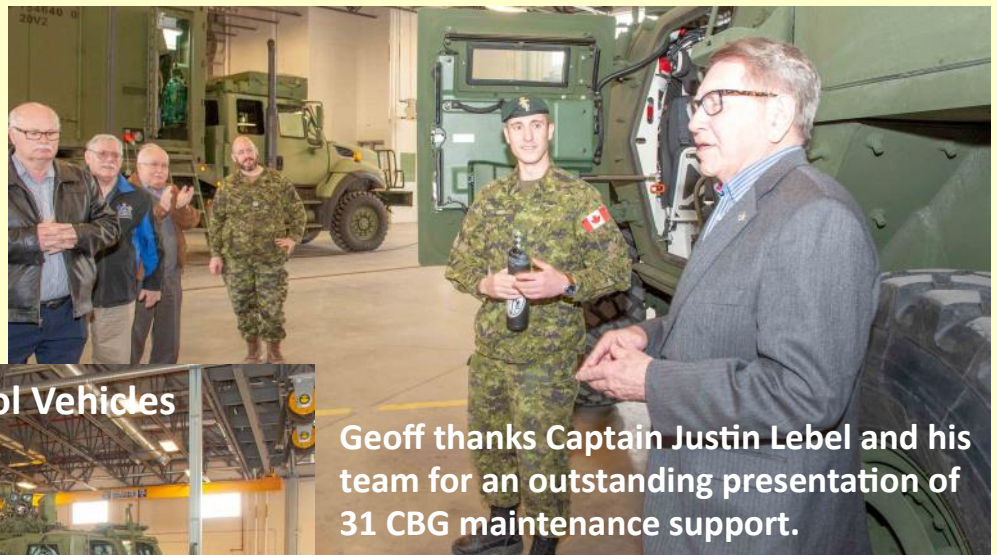


The M62 Wrecker
A Legend

We departed from our usual format - instead of a guest speaker, we took ourselves across the road to the 31 Service Battalion where the maintenance and support activity for 31 Canadian Brigade Group all happens.

Captain Justin Lebel and his team gave us a good presentation of what this entails and we enjoyed seeing the supply and maintenance areas of the compound. They showed us weapons workshops, the hanger area and the equipment display included the current Canadian small

arms and weapons, communications vehicles and two of the newly arrived light armoured vehicles, the TAPV. Thank you very much Army! We thoroughly enjoyed ourselves and came away with a better understanding of what our soldiers do.



Geoff thanks Captain Justin Lebel and his team for an outstanding presentation of 31 CBG maintenance support.



The Tactical Armoured Patrol Vehicles (TAPV) of the 1st Hussars



Small arms and the Carl-Gustav





The NAVY



HMCS Prevest

The Battle of the Atlantic

By SLt Chris Niesel

The Battle of the Atlantic was the longest continuous military campaign of World War II, running from 1939 until the defeat of Nazi Germany in 1945. At the core was the Allied naval blockade of Germany which took effect shortly after its declaration of war. Subsequently, Germany opted to pursue a counter blockade of Allied countries. The Allies considered the Battle of the Atlantic as a 'no-fail mission' upon which victory in Europe depended. Canada and its allies prevailed through the tenacity, grit and sheer determination of our veterans -- shipmates of yesteryear; sailors, airmen & merchant mariners too.

During the years of which the battle was waged, Canada's accomplishments were fuelled by an impressive shipbuilding effort that saw 400 merchant ships built in Canadian shipyards along with 281 destroyers/corvettes and frigates, 206 minesweepers, 250 tugs, and 3,000 landing craft. The victory however came at a high price; 24 Canadian warships and 62 Canadian merchant ships were lost. The loss of life included over 1,990 sailors and Women's Royal Canadian Naval Service (Wrens).

Every year on the first Sunday of May, we recall these facts and recognize the service of our veterans, their families and the sacrifice of the many shipmates who never returned. We also pay tribute to the ladies of the Women's Royal Canadian Navy Service; almost 7,000 of these women served their country in a variety of areas during the War.

Now, over 80 years after the start of WWII, this generation is quickly fading; only a handful of veterans are left to speak first-hand of the struggles they faced. We are at a moment in time where we are seeing our final opportunities to honour them and their loved ones, and to enable these esteemed men and women to pass the torch to our youth, the custodians of Canada's future.

Therefore it is with great honour and fortitude for me to invite you to come join us at -

HMCS Prevest
Battle of the Atlantic Ceremony
5 May 2019 at 11am
19 Becher St.

We look forward to honouring our esteemed veterans with you in attendance. If you have any questions please reach out to SLt Chris Niesel by email:

christopher.niesel@forces.gc.ca

Modelling RCN Corvettes in Australia

HMCS Wetaskiwin

By Lieutenant-Colonel (Retired) John Harriott

"Bit by bit, the ship's heart moved across from the hut and started beating in the ship itself"
– Nicholas Monsarrat, 1942

Inspired by a model railway mate to join him in building a model boat, I put a Revell **Flower Class Corvette** kit on lay-by and proceeded to conduct the research and decide on which ship to build whilst paying off the kit. I built my first plastic kit in 1960 as a six year old with the aid, encouragement and patience of my father. That was probably the last kit I built out of the packet or box. Whilst many articles have been published describing the construction of the Revell Flower Class kit, this article is more about my diversion from the basic kit.



First challenge was to decide on a ship to model. Researching the Flower Class Corvette I was seeking a ship which would enable me to practise modelling skills beyond shaking the box. I chose **HMCS Wetaskiwin** because of readily available reference material and quality drawings. The short fo'castle

and mizzen mast of the as-built 1940s version of the Revell kit provided the opportunity to modify the hull, square the stern, scratch build the super structure with the enclosed bridge and solder replacement brass masts.

Before commencing assembly, it is most worthwhile to establish exactly what the finished model is supposed to represent. Conduct wide research from multiple sources and develop a sense of ownership with the model. Tackling smaller kit bashing jobs such as squaring the stern with a hair dryer whilst pressing against the bench and adding extra skylights, will enable the modeller to develop the confidence to take on larger

Plasticard scratch built super structure and brass soldered hand rails.





Some of the local Flower Class Corvette Fleet at Malkara Model Exhibition (Canberra) Aug 2018

tunity to develop models of the many post WWII merchant marine variants of the Flower Class Corvette which were converted to whale catchers, research ships, weather stations, ocean salvage tugs etc, but that is another story. **HMCS Wetaskin** is radio controlled and is a delight to sail on the local pond. In the company of other locally built Flower Class models, Wetaskiwin regularly takes on convoy escort duties on the high seas of Lake Burley Griffin where water across the decks goes some way towards recreating the conditions of the North Atlantic.

scratch building projects. To scratch build major components such as super structure, a good set of scale drawings make for a good start. Using a set of dividers, measure from the drawings and mark off along a centre line on the plasticard. A range of photos and some artistic licence will help achieve the appropriate perspective. I often use cardboard mock ups to confirm the 'look' (CAD – Cardboard Aided Design!)

The model of **HCMS Wetaskiwin** was completed in about six months and provided an outstanding entry level project to building model ships. The kit also provides an excellent opportunity

Currently in transition to retirement, John Harriott is a former member of the **Royal Australian Armoured Corps** with a passion for the sea. He belongs to the Australian model ship group Task Force 72 <https://taskforce72.org/>



Battle of the Atlantic



U-Boats Sunk by the Royal Canadian Navy and the Royal Canadian Air Force



Preparing the RAS Deck by John Horton. HMCS Protecteur, RIMPAC somewhere in the Pacific Ocean.

I was privileged to ship aboard HMCS Protecteur to capture events during one “RIMPAC”. This is an exercise where, in this case, 8 navies from our Pacific coast neighbours work together.

It was a great experience for me to travel aboard the supply ship for the operation and see how the “RAS” -Replenishment at Sea- operation unfolded. In this painting you can see how the lines were set up to move the fuel and water pipes across from Protecteur to the receiving vessel. It is a complex operation and safety is of prime importance. See explanation below.

Until the buffer realized that I was an experienced seafarer and would not get myself in danger, I was required to remain at quite a distance from the action. But very quickly he realized that I knew my way around and he allowed me to get close enough to photograph and sketch things.

Five weeks aboard allowed me to get to know my shipmates and become good friends with many of them. Tea time on the Protecteur is something I will always talk about.

Following is an explanation of what is happening in the painting:

Prior to conducting a replenishment at sea, the seamen/women (or bosuns) must prepare all the necessary gear. Messengers, or lines, to be passed between the ships must be “flaked out” on deck so that they will not become entangled as they run out. Once the lines have been prepared, a rifle will be used to fire a “gun line” that will be attached to other lines increasing in size and strength. Finally a taut wire is passed down which will ride travellers supporting the large, heavy fuel lines as they are paid out from the tanker to the other vessel. Replenishment techniques were developed during the Second World War to enable ships to stay at sea longer, especially during lengthy convoy deployments. *John Horton*



The ARMY



31 Canadian Brigade Group

These articles, normally penned by members of the Brigade, offer a casual look at 31 Canadian Brigade Group. Written without heavy use of military lexicon, acronyms and abbreviations, they support information sharing to groups with diverse backgrounds and will, hopefully, offer a less formal view of the Brigade or examination of specific issues or events.

*C.W. Poole
Colonel*

Commander, 31 Canadian Brigade Group

DOMOPS Exercise Goes Real 31 Canadian Brigade Group

By SLt Andrew McLaughlin, PAO, 31 CBG



Local Army Reserve soldiers from across Southwestern Ontario were called to action to assist local authorities in the Ottawa region to help with flood relief – all while conducting a Domestic Operations (DOMOPS) emergency response exercise in London, Chatham, Woodstock and Hanover. The exercise provided the means for a quick reaction, while the exercise continued concurrently in those communities.

Exercise ARROWHEAD RESPONSE, running from April 26-28, 2019 across Southwestern Ontario and headquartered in London, was only meant to

practice the planning and execution of domestic support operations during crises like natural disasters or industrial accidents; but a call for help from flood-ravaged communities diverted many of the soldiers taking part in the training exercise to do the real thing.

"Members of 31 Canadian Brigade Group (31 CBG) deployed from London, Ontario and joined the Joint Task Force Central (JTFC) effort in Eastern Ontario for a mission in support of a Request for Assistance (RFA) from local authorities." said Colonel Chris Poole, Commander of 31 CBG. "We sent a Domestic Response Company (DRC) and various supporting elements right away, in reaction to flooding emergencies, with Army Reserve soldiers from across Southwestern Ontario joining their regular force partners."



JTFC is one of six regional joint task forces of the Canadian Armed Forces (CAF) and has its headquarters in Toronto. The task forces are situated in key locations across Canada. They conduct CAF continental operations and are operating in the Ottawa region to assist local authorities engaged in flood-relief efforts as part of Operation LENTUS.

“Having our soldiers from various units across the region here in London on this exercise expedited our reaction time.” Colonel Poole said. *“This is one of the most important missions the Army Reserve trains for – aiding local authorities in Canadian communities – and we’re proud and ready to send the help that our fellow Canadians need.”*



*“We’re on
our way.”*





The CADETS

Joint Corps Seamanship Training Weekend

*By Cadet CPO2 Madison Green,
Cadet Correspondent*



April 6th and 7th, 2019 saw over 40 Cadets from Royal Canadian Sea Cadet Corps (RCSCC) 94 Warspite and RCSCC 153 Woodstock who joined together for a Joint Corps Seamanship Training Weekend held at 153 Woodstock's Ship. During this weekend cadets participated in a variety of classes such as Gyn, sheers, sea quiz, and even a cooking class held by

Chef Knoop. Each activity this weekend presented a new opportunity for the cadets to use and build communication, leadership, and teamwork skills.

During this joint corps weekend, the cadets built up their *esprit de corps* and showed a great amount of enthusiasm when faced with a new challenge. The cadets were excited to learn and get a chance to practice their seamanship knowledge with hands-on experiences and friendly competitions, all alongside another corps.

During the first day, cadets did a variety of seamanship classes held by officers who have strong seamanship backgrounds. Lt(N) Kirkham hosted the Gyn class this weekend, we were very lucky to have her teaching as she is very knowledgeable in this activity. Before setting up, the cadets are given a debrief on all safety rules, as well as what materials are used, what knots are used, and the history of the Gyn.*

After the debrief the cadets put on their hard hats and started to set up all the materials they needed and were given a demonstration on how to raise the spars. This activity gave the cadets a hands-on experience while they learned about some historical seamanship skills and it gave



* A three-legged construction for hoisting on sailing vessels.

them a chance to build their teamwork, leadership, and communication skills. When setting up the sheers, safety is always a top priority. During the sheers class, led by SLt Hannon, the cadets are given a debrief on the history and safety of Sheers. It was important to emphasize the safety precautions to new cadets so everyone could have fun while staying safe.

The Coxswain of 153 Woodstock, PO1 Walters, took



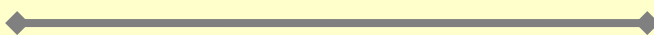
the lead of the sheers class and

showed cadets that sheers could be fun and informative. Sheers is another great way for Cadets to learn teamwork, communication, and leadership skills. The cadets needed to be able to work as a team to ensure everyone was safe and that the Sheers were being set up properly and efficiently. They had to effectively communicate with each other when they needed help, when they called commands, and when they shared important information with each other.



An important part of working with another unit is to build trust and friendships so everything works smoothly. The Knot Tying class, led by CI Himes, served as a time for the Cadets to get to know each other and learn new knots, bends, and hitches. Cadets got a hands-on opportunity to learn knots, bends, and hitches that would be used later on in the day for Gyn and Sheers, and the next day for a round robin seamanship competition.

Knots was a great way for the junior Cadets to mingle and talk with the senior Cadets which helps build camaraderie within the corps and each other. This class was a great way to learn and spend time outside on such a beautiful day while laughing and learning.



HMCS Sackville is a Flower-class corvette that served in the Royal Canadian Navy and later served as a civilian research vessel. She is now a museum ship located in Halifax, Nova Scotia and the last known surviving Flower-class corvette of the 267 that were constructed in Canada and the United Kingdom.

Royal Navy corvettes were named after flowers, hence the class name. Royal Canadian Navy corvettes were named after cities and towns.



This weekend offered a opportunities for Cadets to have friendly competitions with each other while showcasing all the seamanship knowledge they learned. One opportunity was the Sea Quiz station where Cadets were split into two teams and faced each other in general Cadet knowledge and seamanship style questions. They used their teamwork skills to properly answer questions and encouraged each other to try their best. When they answered correctly the teams would cheer each other on, and give encouragement to those who didn't answer correctly. The Sea Quiz gave Cadets a chance for friendly competition between each other and taught them more teamwork skills. This also gave them a way to test out their brand new seamanship knowledge in a fun and interactive way.

The next day Cadets participated in a cooking class held by Chef Knoop, where they learned basic safety precautions in the kitchen and they got a chance to help prepare the lunch, Teriyaki Stir Fry, which was a great break from the MRE's served.

The Cadets also played a few sports in their teams. Dodgeball, Soccer, and Capture the Flag were all a great time for the Cadets for some more friendly competition while staying active and being outside on a beautiful day. It was exciting seeing the Cadets cheer each other on and work as a team to do the best they could.

After eating the delicious lunch prepared by the Cadets, they participated in a round robin Seaman-ship competition, where they competed at each station to win points. Cadets would cheer each other on during these activities and give encouragement to those Cadets trying things for their first time. At the end of the competition, the team with the most points was recognized, as well as the team with the most spirit and encouragement. Though it was a very close call because all the Cadets tried their very best, and all teams were encouraging.

This weekend was a great way for Cadets to learn new skills, interact with another corps, and build friendships. The Cadets had lots of fun learning and competing with each other, and all the staff can agree it was great seeing everyone interact with each other.

Photos by Cadet CPO2 Madison Green





The Polish Combatant's Association

Living Memory: Jeszcze Polska Nie Zginęła

By Stan Skrzyszewski



The Polish Combatant's Association, Branch 2, is one of the sponsors of the "Living Memory" display which will open on May 3rd at the Billy Bishop Home and Museum in Owen Sound. The display will feature the history of "Camp Kościuszko", a Polish military training camp which operated in Owen Sound from 1941-1942. After the defeat of Polish forces by the invading German army in September 1939, the Polish forces regrouped in France and later in England and the Middle East to continue the struggle. The Polish Government-in-Exile under General Władysław Sikorski approached the Canadian government about establishing a Polish training camp on Canadian soil. After

considerable discussions especially about financial implications, it was agreed that such a camp would be established. The camp opened in July 1941 and over 900 Polish Navy, Army and Airforce trained there. The camp barracks were located in a former furniture factory not far from the waterfront.

Except for fading memories, some written records, not much remains of the old camp, except for an old beech tree out on the Bruce Trail, east of Owen Sound, on which some unknown Polish soldier carved: "1942 – Jeszcze Polska Nie Zginęła Zolnierz Polski Pomorze", the first part being the first phrase of the Polish national anthem, and all of it translates as "Poland is Not Yet Lost, The Polish Soldier will Help."

The display will be up for a year, so if you are in Owen Sound over the next year drop into the Billy Bishop Home and see his home, a national historic site, and remember to go upstairs to see the "Camp Kościuszko" display – we have not forgotten!



May in Our History

1690		Massachusetts militiamen, led by Sir William Phips, capture Port Royal in Acadia.
21 May		
1870		Les Féniciens sont repoussés par des volontaires canadiens à Eccles Hill, au Québec.
25 mai		
1900	Army	Battle between Boers and the 2nd Battalion, Royal Canadian Regiment at Doornkop.
29 May		
1910	RCN	The Canadian Navy, later redesignated as the Royal Canadian Navy, is authorized after Royal assent is given to the Naval Service Act
4 May		
1911	RCN	Her Majesty's Dockyard Esquimalt is transferred from British to Canadian authorities.
4 May		
1937	RCN	A Royal Canadian Navy Volunteer Reserve half-company was authorized in Thunder Bay (Port Arthur at the time) and later developed into HMCS Griffon, the current local Naval Reserve unit.
3 May		
1938	Army	The Tank School is moved to Camp Borden from London and renamed Canadian Armoured Fighting Vehicles School (CAFVS).
1 May		
1941	RCN	Ten corvettes in UK shipyards are formally commissioned as RCN ships.
15 May		
1941	WW 2	HMS Hood is sunk by the Bismarck in the Denmark Straits: three Canadian midshipmen serving on the battle cruiser are killed.
24 May		
1945	WW 2	Victory in Europe Day (VE-Day) is declared, ending the European portion of the Second World War
8 May		
1945	RCN	German submarine U-899 officially surrendered to the Royal Canadian Navy near Shelburne, N. S. becomes the only German sub to surrender in Canadian waters during Second World War.
13 May		
1951	RCAF	No. 410 receives Sabre fighter aircraft, the first Canadian squadron to fly these fighters.
19 May		
1997	CAF	By this date, 5,785 troops were sent to southern Manitoba to assist the civil authorities during the Manitoba Flood
12 May		





THE GARRISON COMMUNITY COUNCIL London and Region

www.gcclondon.ca

Upcoming Events

Garrison Community Council

General Meeting	8 May	HMCS Prevost
Field Trip - Tank Museum	11 May	See Page 20
Field Trip - Canadian Centre for Product Validation	22 May	See Page 20
General Meeting	12 June	Wolseley Barracks

London and Region

Polish Combatants Association Living Memory display	opens 3 May	Billy Bishop Home & Museum, Owen Sound
Battle of Atlantic Dinner	4 May	HMCS Prevost
Battle of Atlantic Ceremony, 1100am	5 May	HMCS Prevost (see Page 19)
1st Hussars Dinner Fundraiser Contact: Pat O'Hagan 519 680 1334	5 May	The Springs 310 Springbank Drive
RLMI Annual Spring Dinner	13 May	HMCS Prevost (See Page 21)
South Western Ontario Military Family Resource Centre	May Calendar is on Page 22	
RLMI Tour	6 June	Tour #34 (See Page 21)
Veterans' Golf Tournament	13 June	See Page 21



Back In The Day - 1995

Major Dave Barton and Lieutenant-Colonel John Harriott with the first Light Armoured Vehicle delivered to Australia from Diesel Division General Motors (General Dynamics) in London, Ontario. John and Dave ran the Australian Light Armoured Vehicle Project which acquired several hundred of these Canadian made vehicles in seven variants.



BATTLE OF THE ATLANTIC

CEREMONY AND MESS DINNER

5 May, 2019 at 11am
Battle of the Atlantic Ceremony

Battle of the Atlantic Memorial at HMCS Prevost

19 Becher Street, London

(After which the wardroom will be open for refreshments.)

The evening before the Ceremony

4 May, 2019

Battle of the Atlantic Mess Dinner

Naval Association of Canada - London Branch & HMCS Prevost

will be hosting at HMCS Prevost Wardroom

6:00pm for Cocktails and 6:30pm for Dinner.

Dress: Dress is naval mess kit, or black tie and equivalent.

Tickets: \$60 per person available online at bit.ly/TicketsBOA2019





GCC FIELD TRIP



Armoured Vehicles and Tanks
of the Canadian Armed Forces

Saturday May 11th

0800	Leave London for Oshawa
1100	Lunch at 420 Wing next to Museum (not included in cost)
1200 - 1600	Museum
1830	Arrive back in London

Cost: \$ 75.00 (lunch not included)

The cost above includes round trip on coach bus & admission into the museum.

Special Feature: A live demonstration with Tanks and Armoured vehicles and simulated Tank Battle!

The museum houses artifacts, medals, weapons and uniforms covering 150+ years of military history from the Fenian Raids of 1866 to the conflicts of today. <http://www.ontrmuseum.ca/tankmuseum>

A Free Offer For Soldiers and Sailors

There are seats available on our bus. The GCC invites personnel from 31 CBG and HMCS Prevost to fill them **AT NO COST**. "First Come, First Served". As military personnel, Museum entry will also be free if you present your Canadian Forces ID.

If you would like to come with us, contact the Garrison Community Council **directly** via the e-mail address below. This is not a military sponsored trip; you would be travelling as a private individual. No need to wear a uniform. Lunch at 420 Wing is at your own expense.

Presented by:

The Garrison Community Council

Contact: Dave Barton
garrisoncommunitycouncil@gmail.com



GCC Tank Trip

By the time you read this, there could still be places left so contact Dave Barton (226 663 9308) to book your spot.

We have offered 31 CBG and HMCS Prevost places on this trip at no cost to the soldiers and sailors. We felt this was something the GCC could do for our service personnel in our region.



CCPV
Canadian Centre for
Product Validation

GCC Field Trip

Wednesday 22 May

THE CANADIAN CENTRE FOR PRODUCT VALIDATION

There's no other facility like the CCPV in Canada. With a 25,000 square foot centre, housing leading-edge validation technologies and equipment, the CCPV offers prototyping and testing in one central location – with full developmental multimodal capabilities under one roof for cost-effective results.

The CCPV bridges the gap between innovation and commercialization through product validation. There are five lines of activity under one roof – standard tests, multimodal tests, third party validation, benchmarking, and failure analysis. For information, visit <http://www.ccpv.ca/index.php>

Visitors will need to register and we need to know how many will attend.
So, please let us know by
Sunday 19 May
by e-mail to garrisoncommunitycouncil@gmail.com



LOCATION: 2555 Bonder Road
London, ON N6M 0E7

TIME: 5:00 pm

Enter the building at the entrance
under the covered walkway.
Free parking at CCPV

SAVE THE DATE

1 ST HUSSARS DINNER FUNDRAISER

IN HONOUR OF THE
ANNIVERSARY OF THE LIBERATION OF THE NETHERLANDS



SUNDAY MAY 5, 2019

TIME: TBA

TARIFF: \$125

Proceeds to support "Boots on the Beach"
Normandy exchange with the Westlake Brothers Souvenir Association

the springs
RESTAURANT

310 SPRINGBANK DRIVE
LONDON, ON

PRIX FIXE
DINNER WITH WINE

LIVE ENTERTAINMENT BY
GLENN BENNETT

RLMI Notes

Annual Spring Dinner

13 May 2019
6:00pm for 6:30pm

HMCS Prevost
19 Becher Street
London, N6C 1A4

Contact Gail Sneddon, glsdon@rogers.com before 6 May if you wish to attend.

Tariff: \$60.00

Dress: Black Tie, Mess Dress, Business Suit, Cocktail Dress

Entrée: Beef Tenderloin or Stuffed Chicken

Tickets will be provided for 2 glasses of wine. Additional beverages may be purchased at the bar.

RLMI Tour #34

Thursday, 6 June 2019



- ◆ Canadian Historical Aircraft Association / Aviation Museum
- ◆ Route 42 Diner at the Windsor Airport
- ◆ Pelee Island Winery, Kingsville
- ◆ Wayside Dining Lounge, Buffest Dinner, Talbotville

Cost is \$75 per person. Contact the RLMI for details.



Classic Golf Tournament

Thursday, 13 June 2019 – Registration Starts at 9am, Ceremonial Tee Shots at 10:30am,
Shotgun Start at 11am, Four-person scramble.
Forest City National Club, London, Ontario
Early Birds before 1 May - \$110.00 per person includes Golf & Dinner, & shared Cart
After 1 May - \$125 per person.

Registration deadline – 6 June.

Go to www.vimylondon.ca, See link to Golf Tournament.

Prizes awarded for: Best overall team score,
Closest to the Pin (Men & Ladies),
Hole in One wins* : 1 year vehicle lease from
Dale Downie Nissan and Commercial
Vehicles.
Most Honest Golfers & more...

Proceeds shall benefit

London Military Family Resource Centre, and the Parkwood Institute Veterans' Care Program



DALE DOWNIE  **AND**
NISSAN Commercial Vehicles



www.vimylegion.ca

* Refer to tournament rules

Sun	Mon	Tue	Wed	Thu	Fri	Sat
"Like" us on Facebook www.facebook.com/	Family Information Line 1-800-866-4546	"You're Not Alone" Access Immediate Mental Health Assistance by calling	1 L: Wonderful Wednesday L: Little Troopers Playgroup	2 H: Water Colour Workshop	3	4
5 Mental Health Week 2019	6 L: Mental Health Awareness Quiz	7 National Child & Youth Mental Health Day L: Poster Contest	8 L: Wonderful Wednesday L: Little Troopers Playgroup	9 L: Train Your Brain 10am-11:30am L: Wall of Mental Health Support	10 L: Walk & Talk Mental Health Breakfast	11
12	13	14	15 L: Wonderful Wednesday L: Little Troopers Playgroup	16	17	18
19	20 Victoria Day All Centers Closed	21	22 L: Wonderful Wednesday L: Little Troopers Playgroup	23 H: COPING WITH LOSS	24	25 H: Captive Escape Room Event
26	27 W: Bad Axe Throwing H: Family Separation	28 L: Portfolio Development	29 L: Wonderful Wednesday L: Yoga H: CBT Presentation	30 www.CAFconnection.ca/london	31	Help Your Family Build Resistance www.strongestfamily

London Events

For information on Hamilton and Windsor Events - please contact the respective Event Coordinator

May 6-10: All Mental Health Activities during this week with Emilie will give you a chance to win a Self-Care pack valued at \$200

May 6: Mental Health Awareness Quiz—chance to win a gift card. <https://www.surveymonkey.com/r/HHFWCV6>

May 7: Poster contest starts today. Contact Emilie for more details. Chance to win a gift card for child and parent.

May 7: Train Your Brain Workshop, Learn how to calm your thoughts, emotions and behaviours. Register with Emilie.Dudman@forces.gc.ca; Time: 7pm-8:30pm, Cost: Free

May 8, 15, 22, 29: Yoga: Neck, Spine and Shoulder Tension, Time: 7:00pm-8:00pm, Location: 999 Collip Circle, Register with Emilie.Dudman@forces.gc.ca, Cost: Free

May 9: Train Your Brain Workshop Learn how to calm your thoughts, emotions and behaviours. Register with Emilie Time: 10am-11:30am, Includes: Information and Refreshments, Cost: Free

May 9: Come to the MFRC and write down one mental health support in your military or civilian community. Fill out a ballot to win a prize pack!

May 10: Walk and Talk Mental Health Breakfast. Join us for trivia and a walk to Cora's. Breakfast purchased independently. Register with Emie.Dudman@forces.gc.ca Time: 10am-12pm

May 28: Portfolio Development Program—Now What?... Charting our next steps in work, school and life. Attendance required for all three sessions. For AGES 16+, Time: 6:15pm-8:30pm, Location: SWOMFRC—London Office, Cost: No cost to attend the May 28 session; however, there is a cost of \$20.00/person to participate in the full program. Once you are accepted as part of the full program, you must commit to attend May 28, June 3 and June 11—June 25 is optional. Please register with Kym.Wolfe@forces.gc.ca or by phone 519-660-5275 ext.5432

Hamilton Events
Contact Donna Pickering
P: 905-972-4000 x 6623
E: Donna.Pickering@forces.gc.ca

London Events
Contact Brenda Willsie
P: 519-660-5366
E: brenda.willsie@forces.gc.ca

Windsor Events
Contact Erin Jordan
P: 519-254-2535 x 4501
E: Erin.Jordan@forces.gc.ca

Caregiver Zone-Supporting Care-givers of Veterans in Canada

<http://caregiver.ca/#/forefront/home>

Contact Deborah Smith for information regarding services for Veterans and their families
Deborah.Smith2@forces.gc.ca 519-660-5275 x5005 *Events subject to change*