

GARRISON COMMUNITY COUNCIL **London and Region**

www.gcclondon.ca



JUNE 2018 NEWSLETTER



The June General Meeting

Wednesday	Warrant Officers' & Sergeants' / Officers' Mess		
13 June	Beaver Hall, Wolseley Barracks		
Meet & Greet	11:15		
Lunch	11:30		
Catering	Please remember to advise your attendance in advance to Beth Sayler by e-mail (<i>garrisoncommunitycouncil@gmail.com</i>) or phone (519 851 0730) by 11:00 am the MONDAY prior so <i>The</i>		

General Meeting 12:00

Speaker

Dr Bob Mercer Artificial Intelligence

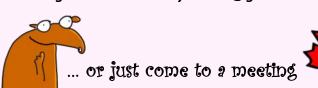
Catering Company can provide sufficient sandwiches for purchase.

You are most welcome to join us

Like reading this Newsletter? Terhaps you have attended a meeting as a guest, enjoyed our monthly speaker and had a chat with some of the members.

The GCC holds monthly lunch meetings that include guest speakers on a range of topics such as military history, current issues and subjects of topical interest.

For a membership application, contact our Secretary, Beth Sayler on 519 851 0730 or e-mail us at garrisoncommunitycouncil@gmail.com



In This Issue

	June's Speaker	2
Upcoming Events		
	Event Information	3
	This Month in Our History	6
	The President's Page	7
	The GCC Executive	8
	GCC Affairs	9
	The Navy	12
	The Army	15
	MFRC - New Program for CF Veterans	21
	Recent Events	22

GARRISON COMMUNITY COUNCIL London and Region www.gcclondon.ca

Dr. Robert E. Mercer

Robert E. Mercer is a professor in the Department of Computer Science at The University of Western Ontario and an adjunct professor in the David R. Cheriton School of Computer Science at the University of Waterloo. He is Director of the Cognitive Engineering Laboratory at The University of Western Ontario. He received his PhD in Computer Science from The University of British Columbia in 1987.

His research interests have included developing various knowledge representation frameworks and schemes and their associated reasoning mechanisms, and applying these processes together with machine learning to natural language, computer vision, animation, human-computer interaction, and information retrieval and information extraction.

His current research focus is argumentation in scholarly biomedical texts. Scientists and clinicians use argumentation to convince readers of their journal papers that the claims made in those papers should become part of the knowledge about biomedicine. Mercer and his lab are providing methods to have computers find these arguments in the natural language text of journal articles. Outcomes of this research will include indexing of scientific claims and evidence in the research literature, thus providing a method to navigate the scientific literature that adds a new dimension to the presently available keyword searching techniques.





GARRISON COMMUNITY COUNCIL **London and Region** www.gcclondon.ca

Upcoming Events

Garrison Community Council

General Meetings 13 June **Wolseley Barracks**

> No meetings in July or August 12 September Wolseley Barracks

> > 10 October **Wolseley Barracks**

14 November **Wolseley Barracks**

London and Region

Veteran's Golf Tournament 7 June Forest City National Golf Club

427 (London) Wing & RLMI Tour No.32 15 June Ontario Police College, Aylmer

& Rush Creek Wines & dinner

at HMCS Prevost **Garden Party** 20 June

20-23 July HMCS Oriole Port Visit Port Stanley

South Western Ontario Military Family Resource Centre June Calendar is on Page 5



https://www.eventbrite.ca/e/

veterans-classic-golf-tournament -2018-tickets-37359707892

The Veterans Classic Golf Tournament 2018

Vimy Branch 145

Thursday 7 June 2018 **Forest City National Golf Club**





427 (London) Wing & RLMI Tour

Ontario Police College, Aylmer & Rush Creek Wines **Friday 15 June 2018**

\$55 per person. Cheques payable to Royal London Military Institute 333 Hartson Road, London, ON N6H 5B7



LCOL (retd) Armin Grunwald and Judy Grunwald, RLMI or 427 (London) Wing

519 474 2194

rimi@rogers.com / wing427tours@rogers.com



Wayside Dining Lounge Buffet, Talbotville Featuring Yellow Perch and Prime Rib of Beef





GARRISON COMMUNITY COUNCIL **London and Region** www.qcclondon.ca

The Garden Party

Wednesday 20 June 2018 1600-1800

HMCS Prevost, 19 Becher St, London

This event is by invitation only

Wolseley Barracks has a long tradition of inviting political, business and institutional leaders to the annual Garden Party where they could mix with the military staff. This was a process that fostered and strengthened links between the military and civilian communities. In London, the event has been dormant for some time but this year it is born again. HMCS Prevost will partner with 31 Canadian Brigade Group and the Garrison Community Council to host the 2018 Garden Farty.

Regenerating the Garden Party has been a challenging task for the GCC who is the lead organizer. There are significant constraints - the reduction of CFB London, particularly the Officers' Mess, the challenges of securing fiscal support and sponsorship, and the space limitations of the venues. These constraints dictate a much reduced event from what some of you may have known in the past and what we would like the Garden Party to become. The largest restriction is a limitation in numbers - we simply cannot invite everyone that we would like. Every GCC member is invited but we are unable to allow spouses and partners as has been the traditional custom.

This is the first Garden Party in many years. Let's get through the first year as a team and we will be able to build on it's success.



Colonel Chris Poole Commander 31 Canadian Brigade Group



LCdr Jeremy Breese Commanding Officer HMCS Prevost



President Garrison Community Council

The GARDEN PARTY is back!

SWOMFRC

Hamilton Events

June 2: Support Our Military Families Craft and Vendor Sale/Fundraiser 10:00 am to 4:00 pm HMCS Star Parking Lot Cost: FREE Some activities do have fees attached to them

June 5: Support Our Troops Hamilton Police Ceremony and Fundraiser Event 10:00 am Cost: FREE

June 19: Stress Busters Seminar with PSP Health Promotions 7:00 pm to 8:30 pm HMCS Star Jr. Ranks Mess Ages 18 up Cost: FREE

June 23: Grand River Military Family

Dinner Cruise

5:30 pm to 9:00 pm

3 course Roast Beef Table Side Dinner

Cost: \$30 per person—under 2 are free

June 26: Nailed It Nite "Canada Day Theme"

6:30 pm to 9:00 pm

Royal Canadian Legion Branch #272

Cost: \$30 per person

June 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					I	2 W—SOMFCVSF
3	4	5 W—SOT	6 L—WW	7 L—Softball W—PF	8 P.A. Day	9
10	Ш	I2 L—HEW	I3 L—WW	l 4 L—Softball	15	16
17 Happy Father's Day!	18	19 W—SBS	20 LWW	21 L—Softball	22	23 W—GRMFDC
24	25	26 W—NIN	27 L—WW Potluck I I am—Ipm	28 L—Baseball	29	30 L—SBU Dinner

London Events

Wonderful Wednesdays Coffee Morning: June 6, 13, 20, 27 June 7: SWOMFRC Softball Game Kiwanis Park @ 6:30 pm

June 8: P.A. Day

June 12: Healthy Eating Workshop 6:30 pm to 8:30 pm

Ages 18 up Cost: FREE Presenter: Amy Doelman

June 14: SWOMFRC Softball Game Glanworth #1 @ 6:30 pm

June 21: SWOMFRC Softball Game St. Julien Park @ 6:30 pm

June 23: 4RCR

June 26: Social Media Awareness Seminar 6:00 pm to 9 pm

June 28: SWOMFRC Softball Game Glanworth #2 @ 6:30 pm

Windsor Events

June 7: Windsor Poutine Feast @ 2:00 pm

Riverfront Festival Plaza

Hamilton Events Contact Donna Pickering

London Events Contact Brenda Willsie

Windsor Events Contact Erin Jordan

P: 905-972-4000 × 6623

P: 519-660-5366

P: 519-254-2535 x 4501



GARRISON COMMUNITY COUNCIL London and Region www.gcclondon.ca

This Month in Our History



1 June 1876	Canadian Army	The Royal Military College of Canada opens in Kingston, Ontario, with a class of eighteen cadets. (Page 9)
2 June 1917	The Great War	Captain W.A. (Billy) Bishop attacked a German airfield near Cambrai, a feat which later earned him the Victoria Cross. On 19 June Bishop scores five victories over the Western Front. Billy Bishop's saddle is currently being refurbished by the saddler to the 1H Mounted Troop.
4 June 1742	La Nouvelle- France	Lancement du <i>Canada</i> , le premier navire de guerre construit en Nouvelle-France.
4 June 1921	RCN	HMCS Oriole is launched. This 31m ketch is currently the oldest and longest serving commissioned ship in the RCN. (Page 14)
5 June 1944	World War II	Sixteen Royal Canadian Navy minesweepers help clear the English Channel in preparation for the D-Day landings. On D-Day, approximately one hundred and ten Canadian warships participate in the Allied landings.
9 June 1944	World War II	HMCS Haida, HMCS Huron and other destroyers from the 10th Destroyer Flotilla sink the German destroyers ZH1 and Z32 in the English Channel.
10 June 1948	RCAF	The RCAF Association is formed.
12 June 1885	Canadian Army	The Essex Scottish (now The Essex and Kent Scottish Regiment) is organized as the 21st Essex Battalion of Infantry.
22 June 1967	RCN	HMCS Onondaga commissioned at Chatham Dockyards. HMCS Okanagan is commissioned the next day. HMCS Onondaga was the last Oberon Class submarine in Canadian Service.
24 June 1954	Canadian Army	The Canadian Army (Active Force) is designated the Canadian Army (Regular) and the Canadian Army (Reserve Force) is designated the
25 June 1942	RCAF	Canadian Army (Militia). Le 425e Escadron est fondé à Dishforth, dans le Yorkshire, en Angleterre et désigné «canadien-français» parce qu'il y avait des Canadiens-français parmi le personnel naviguant et au sol.
25 June 1950	Korean War	North Korean forces cross the 38th Parallel and invade South Korea. On 30 June the Canadian Parliament supports the government motion to assist the United Nations in its position on the Korean situation.
29 June 1941	Canadian Army	The Government of Canada announces the establishment of the Canadian Women's Army Corps.



GARRISON COMMUNITY COUNCIL

London and Region

www.gcclondon.ca



From the President

We had an excellent meeting last month with 15 guests and 26 members, including our newest member, Gail Sneddon. Our Round Table Introductions certainly added value to the meeting. Our speaker, Dr. Sylvain

Leblanc, a professor at the Royal Military College of Canada, treated us to an outstanding presentation on cyber security. As Sylvain was a former signaller, it fell to Michael Leatham from the Hamilton Signals Association to introduce him. Dr. Leblanc's articulate, well illustrated descriptions of the threats to computer



data, supported by several real life examples, left us with a good understanding of this complex problem and some food for thought about our own computers! (Just a reminder - the presentation was under "Chatham House Rules" so please refrain from discussing the detail outside of the meeting.)

June is our last meeting before the summer break but let's not let the GCC languish in our minds for the next two months. There will be activity behind the scenes. As Tom Dean, our 2nd VP reminds us, be on the lookout for new members and, as Tom says, "Don't forget to ask!" We will have some interesting speakers starting in September and 1st VP Geoff Hutton is working hard making the arrangements. This year we will have a Summer Edition of our Newsletter. While a quiet time for us, it is a busy one for the Navy and Army so Dave Barton, 3rd VP, will be gathering up newsworthy items to let us know what they are up to. The Edition will also include The Garden Party. Doug Acton, the Past President, will soon start the selection process for our Bursary Program.

The Garden Party on 20 June at HMCS Prevost will be our last opportunity to see everyone before September. All GCC members are invited. This event is about more than just us; it is a highlight of bringing the *Garrison* and the *Community* together. The GCC has taken the lead to bring The Garden Party back after many years and we owe our organising committee a huge "thank you" for making it possible. The Committee has done a sterling job and in particular, Beth Sayler, who has worked exceedingly hard through many challenges to bring back a key feature in the military-civilian community of London. Hope to see you there!

See you on 13 June. On behalf of the GCC, I wish everyone a safe and happy summer.

Doug McAndless



GARRISON COMMUNITY COUNCIL London and Region www.gcclondon.ca

The GCC Executive

President: Doug McAndless Past President: Doug Acton

1st Vice President: Geoff Hutton **Secretary:** Beth Sayler

2nd Vice President: Tom Dean **Treasurer:** Barry Graham

3rd Vice President: Dave Barton **Garrison Advisor** LCOL Dave Fearon

Know Your Executive

We thought it would be good to let you know about your Executive. Below are two of the Vice Presidents and a few words about them, their duties and their thoughts about the GCC. More in the next issue.

Geoff Hutton, 1st Vice President

Geoff is from London. While still in high school he joined 3 RCR (M) and upon entry into Western University, joined the Canadian Officers Training

Corps. After graduation, he had a 35 year career in the Regular Army as an infantry officer, seeing service in Europe, the Middle East and Canada including an exchange posting with the UK Army Technical Intelligence. Geoff is a graduate of the Canadian Army Staff Course, the CF Staff College and the UK Royal Military College of Science. After leaving the Army, Geoff worked initially for General Dynamics Canada as a weapons sighting system marketing manager. Subsequently, he formed a consulting company providing weapon acquisition services to DND. Geoff and his

wife, Margaret, also from London, have two adult children and two grandsons.

As the GCC 1st Vice-president, he arranges the guest speakers for our General Meetings.

Geoff: "London has been a garrison town since the late 1800's. There has always been a need for the citizens and the military to understand, support and co-operate with each other. The GCC is fostering that relationship in co-operation with the HMCS Prevost and 31 Brigade. Collectively, we are all the better for it."

Dave Barton, 3rd Vice President

Dave joined the Canadian Army (Regular) in 1967 and went to The Royal Military
College of Canada. He served 23 years as an Armoured Corps officer in Canada,

Europe and the Middle East. He followed that with 20 years in the Australian Regular Army, Royal Australian Armoured Corps, after immigrating to Australia in 1990. He is a graduate of the Canadian Army Staff Course and the UK Royal Military College of Science. He served in the Australian LAV and Tank Programs; his final posting was the Australian Army Liaison Officer to US Army Tank & Armament Command, Michigan. In his Canadian days, he did a tour as the RSS Officer to the Elgin Regiment. The first retirement years for Dave and Pam were in England, then a move to London in 2015. He enjoys classic British cars, sport, travel and photography.

The 3rd VP's tasks include the Newsletter, production of material to assist the GCC, and as directed, serve on GCC committees and represent the GCC as required.

Dave: "A Newsletter is an important tool for an organisation; it not only informs members and generates cohesion, it is also our face to the outside world. It must be a substantive and interesting document that promotes the aims of the GCC."



THE GARRISON COMMUNITY COUNCIL **London and Region**

www.qcclondon.ca

May's Speaker Dr. Sylvain Leblanc

We are all aware of the massive amount of computer data that governs our lives and the threat of theft and interference to it. But how much did we really know? Thanks to the a fantastic presentation by Dr. Sylvain Leblanc, the scope and depth of cyber attack and the measures to protect against it came as quite a revelation. The nature of the attacks and their perpetrators was made clear by excellent illustrations and articulate explanations, many supported by real life examples. The sophistication and skill of groups and individuals aimed at exploiting our personal information and worse, disrupting large, national systems with malicious intent is staggering. This was a presentation that will stay in our minds for some time. Thank you Dr. Sylvain Leblanc.



Doug Acton, Past GCC President presents Dr. Sylvain Leblanc a Certificate of Appreciation for his outstanding presentation.





The Old 18

The first class of Cadets, eighteen in number, entered the Royal Military College on 1 June 1876. They dubbed themselves the "Old Eighteen".

AGG Wurtele, HC Freer, HE Wise, WM Davis, TL Reed, SJA Denison, LH Irving, F Davis, CA DesBrisay, VB Rivers, J Spelman, CO Fairbank, AB Perry, JB Cochrane, FJ Dixon, GE Perley, HW Keefer, D MacPherson



GARRISON COMMUNITY COUNCIL **London and Region**

www.gcclondon.ca



Honoured Vet for June MWO James Christian Knight, CD1



MWO Jamie Knight with Sergeant Art Boyle, a 1st Hussar World War II veteran

Jamie Knight has been a 1st Hussar since joining as a Trooper in October 1994. He has risen steadily through the ranks and on 18 May 2017, he was promoted to Master Warrant Officer. He has been the Squadron Sergeant Major of A Squadron since September 2016.

He has served several operational tours - twice to the former Yugoslavia (1998 and 2003); two tours in Afghanistan (2006 and 2008) and Op Cadence in Canada (2010).

When not soldiering, he is a Correctional Officer. He is married to Sergeant Karen Wilkinson, also an Armoured Corps soldier in the 1st Hussars. enjoys hockey, ball hockey, golf and Newfoundland dogs.



Regrettably, MWO Knight will not be able to join us on 13 June. The GCC will make arrangements to have him with us after the summer break.



Our Newest Member

Gail is the Secretary of the Royal London Military Institute

Former GCC President Gerry Treble welcomes our new member Gail Sneddon.



The GCC Newsletter

Submissions and suggestions are welcome from our members at any time. Information about upcoming events is always appreciated. Please feel free to contact any of the Executive with an e-mail to:



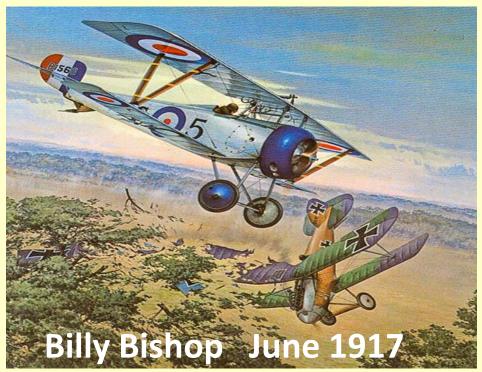
garrisoncommunitycouncil@gmail.com

Something New This Year
Next month the GCC will produce a
Summer Issue of the Newsletter.

We aim to feature the Garden Party and the activities of Navy and Army as they head into a busy summer.

Submissions for the Summer Newsletter should reach Dave Barton, 3rd VP by **12 July** please.

The Summer Issue will come out in the second half of July.





Cadet William A. "Billy" Bishop while at the Royal Military College in Kingston, c.1914

Credit: Henry Henderson, Library and Archives Canada ,PA-20347



GARRISON COMMUNITY COUNCIL **London and Region** www.gcclondon.ca



Training at HMCS Prevost

We've had a very busy year training the new recruits here at HMCS PREVOST. They underwent a multi-week modularized training session where they were instructed on Drill, Military Ethos, Leadership, First Aid, and Ethics and Respect in the Workplace. The program thus-far has been a success and we just sent 8 Officer Cadets and 3 Recruits to Valcartier, QC for their summer field phase to Basic Training. On completion, they will join the ship's company in September and begin working towards their trade qualification.

HMCS PREVOST concluded our training year this past May, sending sailors out to Victoria and Halifax for summer employment, to conduct training, military career courses, and a lucky few will spend their summers aboard ships conducting exercises and honing their trade skills. We are very proud of the training we conducted between September and May, our training year, and that we supported our Commander's, Commodore Marta Mulkins, goal of recruiting new members and training those within our ranks.

Battle of the Atlantic Ceremony 5 May





GARRISON COMMUNITY COUNCIL **London and Region**

www.gcclondon.ca



Battle of the Atlantic Ceremony 5 May 2018

Rear Admiral Casper Donovan, Director General of Naval Strategic Readiness, and Chief Petty Officer 1st class Thomas Curley, NAVRES West Regional Chief, lay the RCN wreath at the foot of the BoA memorial, 5 May 2018.

HMCS Haida Ceremony 26 May

Five Naval Reserve Units from Ontario joined together to form a mass Colour Party, Guard of Honour and Naval Band for the dedication of HMCS Haida as the Honorary Flagship of the Royal Canadian Navy on 26 May 2018 in Hamilton, Ontario.



50 person Guard of Honour for HMCS Haida formed up for the dedication. 26 May 2018 in Hamilton, Ontario.



DND photo



HMCS Oriole Will Visit Port Stanley

On Friday July 20th to Sunday 22nd July, *HMCS Oriole*, the RCN Tall-ship, will be alongside and will be open for tours on Friday, Saturday and Sunday (20-22nd). There will also be a recruiting display. The visit is particularly special this year, as it is celebrating the 100th anniversary of the **Navy League of Canada**.

The **Navy League of Canada** is a non-profit organization originally formed to promote maritime issues to Canadians. The Navy League is the non-governmental partner of the Department of National Defence in the delivery of the Royal Canadian Sea Cadets Program. The Navy League is also the sole sponsor of the Navy League Cadets program for boys





GARRISON COMMUNITY COUNCIL **London and Region**

www.gcclondon.ca



31 Canadian Brigade Group

These short articles, normally penned by members of the Brigade, offer a casual look at 31 CBG. Written without heavy use of military lexicon, acronyms and abbreviations, they support information sharing to groups with diverse backgrounds and will, hopefully, offer a less formal view of the Brigade, or the examination of specific issues or events.

> C.W. Poole Colonel Comd 31 CBG

31 Service Battalion on **Exercise Arrowhead Calm**

By Corporal Kyle Beach

Members of 31 Service Battalion participated in **EXERCISE ARROWHEAD** CALM from 27-29 April on the Borden training ground. This exercise was comprised of the entire 31 Canadian Brigade Group, where months of

training by each unit was put to the test in a realistic battle scenario. 31 Service Battalion hit the ground running in the exercise, providing troop lifts for the infantry as they prepared for

battle. What's more, 31 Service Battalion swiftly and successfully entered a hide location and defended it from attackers of the enemy force. The Battalion utilized their training on Thursday nights and weekends in order to maintain their skill set in the field and complete each task given with maximum efficiency. This type of training allows for soldiers to maintain the level of skill that they are taught on their trade courses, and are expected to be able to utilize during missions and training both at home and overseas.



Private Morgan McQuiggan and Corporal Ashil Tokhai guarding the out route of 31 SVC BN's hide location.

GARRISON COMMUNITY COUNCIL **London and Region**

www.gcclondon.ca



Members of 31 Service Battalion on the lookout for the enemy.

Over the weekend, and under the leadership of Lt. Col Brian Medd, the battalion successfully repelled an enemy attack with overwhelming force and maximum speed. Such realistic training is essential for the soldier in order to become a proficient member of a unit deployed to the field on overseas operations. Being able to competently complete one's job in diverse scenarios is an important aspect of being a soldier.

Exercises such as ARROWHEAD CALM are necessary to build upon previously acquired skills to

become a more proficient soldier. The weekend was a success for the unit, all members both enjoyed their

training and improved upon their occupation trade skills in the field.

EX ARROWHEAD CALM was a preparation for the week-long Brigade level exercise that is scheduled for August. All who attended the exercise now have a better understanding of their trade in the field. Everyone who participated in EX ARROWHEAD CALM are very excited for

what future Brigade level exercises will bring.



A camouflaged MSVS truck in the 31 Service Battalion hide



Warrant Officer Gary Archer showing a soldier his arcs of fire.

Photos: Corporal Brandon Elliott & 31 CBG



GARRISON COMMUNITY COUNCIL London and Region www.gcclondon.ca

entry Cantain's Poots Pun Through His

Infantry Captain's Roots Run Through His Regiment and Back to India

Captain Sarbjit Singh Juneja on Service, Culture and Asian Heritage

By SLt Andrew J. McLaughlin, PAO, 31 CBG

Captain **Sarbjit Singh Juneja's** South Asian heritage means a lot to him. It has also provided him with context and a sense of pride in his role with

the Canadian Army. "My father emigrated from India in 1978 and my mother emigrated from Guyana in 1974," says Juneja, who has served with The Argyll and Sutherland Highlanders of Canada (Princess Louise's) in Hamilton for over two decades. "Being part of a strong and storied regiment for the past 21 years is something I hold with high regard, and I strive to maintain that honour by being the best officer I can be," he says. His Indian roots are an important -- and related -- part of his identity as a soldier in the Army Reserve. "I grew up learning about the history, the challenges and the great accomplishments of people of Indian descent, which in many ways were similar to those of my Regiment; all of which I am proud."

Juneja sees a link between the roots of his cultural identity and what makes the Canadian Army so strong through its diversity. "Having an understanding and appreciation of my heritage has allowed me to share this with my colleagues in the Army; more often than I realized,

people are interested in learning about other cultures and religions," he says proudly. "That has allowed me to build better relationships; and often it has allowed me to clear up misconceptions people have."

Captain Juneja speaks nostalgically when asked about his reasons for joining the Army Reserve. "As a kid I always thought it would be cool to be a solider," the Hamilton resident says. "However, I never gave it much thought until I was exploring options to help pay for post-secondary education." The Army helped him pay for an Honours Bachelor of Science in Biochemistry, and provided employment while earning a Master of Business Administration from McMaster University, in addition to a Certified Professional Accountant designation. "The Army assisted with a bursary in my first year of university," he recalls with a smile. "However,







the main benefit from being a Reservist is learning how to effectively manage your time and maintain balance; which is key to being successful both in your civilian and army life."

Captain Juneja works for St. Joseph's Healthcare in Hamilton as a Senior Financial Analyst in the Financial Planning and Analysis department, but his career in the Army recently allowed for some personal and professional development. "I just re-

turned from Operation UNIFIER a few weeks ago," he says with pride about the Canadian Armed Forces (CAF) mission to help Ukraine remain sovereign, secure, and stable. "During my time there, the Ukrainian Officers and soldiers alike were very complimentary of our soldiers and the training they received from us," he says. "I believe it was our approach and professionalism; building the trust that is key to being able to build a relationship with the Ukrainian soldiers and therefore being able to make a positive impact." The cultural diversity Juneja had experienced in Canada helped in this regard. "There were many challenges: cultural and language barriers, to name only a few; but knowing that we as Canadians were moving the Ukrainians further toward a more stable future – just like my parents sought by coming to Canada -- made it all worth it."

Juneja doesn't see himself pulling up the roots of his Army career any time soon. "I enjoy everything about being an infantry officer, a Reservist, and an Argyll; from the challenges of training exercises, to the opportunities to serve your country domestically and abroad, to the comradery and just being around so many different personalities." The Army Reserve is a place where all backgrounds — race, religion, ethnicity and any other identifier — are accepted and embraced, says Juneja. "Being in the Army Reserves has allowed me to realize a side of me that perhaps I am not sure I would have been able to if I had not joined," he says. "It has allowed me to challenge myself to go further both physically and mentally. It has given me the chance to be a leader within a group of Canadians that represents every facet of society."

Juneja has made lasting friendships across the vast spectrum of Canadian diversity. "The friendships I have formed with serving members and former serving members of The Argylls has definitely made a lasting impact on my life. We are a close knit group and we take care of each other."



GARRISON COMMUNITY COUNCIL **London and Region**

www.gcclondon.ca

Captain Juneja's family has now grown deep roots within The Argylls, in addition to that strong South Asian heritage. "Both of my younger brothers were with The Argylls. My brother Hari and I joined at the same time and he served for 13 years and was a Master Corporal. My youngest brother, Shaan, joined later as he is many years younger than me." In May, he's taking over as Officer Commanding The Argylls' rifle company. When asked where he hopes to be in ten years, Juneja reaffirms his connection to his Regiment, and the culture he is proud of. "In ten years, I hope to still be serving with my Regiment; and hopefully one day I will be considered to serve as Commanding Officer of The Argylls. That would be the greatest of honours; for myself – and for my family."

4RCR Plants Trees for Indian Corps

By SLt Andrew J. McLaughlin, PAO, 31 CBG

Soldiers of 4th Battalion, Royal Canadian The Regiment (4RCR) were

honoured to participate in the planting of 108 trees on May 26, 2018, that will stand as a "Living Guard of Honour," recognizing the soldiers of the Indian Corps in the First World War.

Working with Srishti Canada, a nonprofit organization, the City of London, and Trees for 3 Dots, the troops helped commemorate the 100th anniversary of the Great War near Veteran's Memorial Parkway and Hamilton Rd in London, Ont. by planting trees and by helping to dedicate a stone engraved memorial on the site.

"To honour those who served 100 years



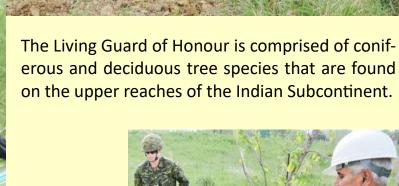


GARRISON COMMUNITY COUNCIL London and Region www.gcclondon.

www.gcclondon.ca

ago is a legacy we would like to leave for future generations. The future is what these soldiers fought for and we owe it to them and ourselves to do everything we can to keep their message alive. We hope Living Honour Guard and the Memorial does that," said the event's organizers.







Images: Sub-Lieutenant Andrew McLaughlin, PAO, 31 CBG



The Veteran Family Program

The Veteran Family Program (VFP) supports medically releasing Canadian Armed Forces (CAF) members, Veterans medically released on or after April 1, 2018 and their respective families to effectively prepare for the transition to post-service life by providing:

- Enhanced information and referral services.
- VFP transition focused programs.
- Access to other programs at the MFRC (funded by the Military Family Services Program (MFSP), including continued intervention and support services).

The eligibility and parameters for this program cover all medically releasing (3B release) CAF members who have released on or will be releasing after 1 April, 2018, with no limited timeline for support. The VFP supports are provided through enhanced information and referral, targeted transition programs, extended access to the MFSP and local programming with the goal of helping the transition to post-service life.

The role of the Veteran Family Program Coordinator (VFPC) is to act as a bridge between transitioning clients and partners, linking medically releasing CAF members, Veterans and their families to services and resources. She can spend one-on-one time with clients providing navigational guidance and referral to external programs and services. The VFPC will partner with community agencies and introduce clients to the Veteran Family Program Journal.

The VFP is set to deliver a suite of transition programs which will be available at all 32 Military Family Resource Centres across Canada. The programs are evidence-informed, tailored to the medically releasing member and their family and focused on providing support during transition from military to post—service life and consists of:

- Living life to the Full.
- Mental Health First Aid for the Veterans Community.
- Shifting Gears.
- Veteran Family Journal.
- Care for the Caregiver.
- SISIP financial workshops.
- Families in Transition (FITS).

For more information on this excellent resource for the Veteran Community please contact:

Deborah Smith
Veteran Family Program Coordinator
Southwestern Ontario Military Family Resource Centre
Deborah.Smith2@forces.gc.ca
519-660-5275 Ext 5005





GARRISON COMMUNITY COUNCIL **London and Region**

www.gcclondon.ca



RECENT EVENTS

RLMI

It was great to see so many in attendance at the Royal London Military Institute (RLMI) Mixed Formal Dinner on 15 May in the Wardroom at H.M.C.S. PREVOST. Thanks are due to the members of the RLMI organizing group for this event.

For information on RLMI, please see www.rlmi.ca New members and guests are welcome to attend RLMI events.

Jerry Treble President



Pte Jackson Burtch, 4RCR Wins Ted Rogers Scholarship



Each year the True Patriot Love Foundation, and the Ted Rogers Scholarship Fund, awards a youth between the ages of 18-24 years a scholarship of \$2,500 per Post-Secondary School year, for a total of up to \$10,000.

This year's recipient is one of five chosen from across Canada. Jackson Burtch was born and raised in London Ontario and serves with 4RCR. On 31 May, the Army "ordered" him back from duty in Meaford and, to Jackson's surprise, he



learned of the award at a presentation ceremony organised by the London Branch of the Military Family Services Program. Present were his family, Bde staff, Commanding Officer 4RCR, (Ret'd) Peter Devlin and representatives of the True Patriot Foundation and the SWOMFRC.

We learned that Jackson dedicates his efforts to helping his community to achieve success through multiple fundraisers such as Toys 4 Tots and Walk for Cancer.