

Please note that our 10 January GCC meeting will be held at the Warrant Officers' & Sergeants' / Officers' Messes Beaver Hall, Wolseley Barracks

- *Meet and Greet 11:15 a.m.*
- *Lunch service begins at 11:30 a.m.*
- *Speaker 12:00 p.m.*

JANUARY 2018 NEWSLETTER

Meet & Greet: 11:15 hrs *Warrant Officers' & Sergeants' / Officers' Messes, Beaver Hall, Wednesday, 10 January 2018*
11:30 hrs lunch service begins (*Please bring a guest*)

General Meeting: 12:00 hrs meeting starts

Speaker: LCol Dr. Vivian C. McAlister: Angus D. McLachlin
Professor of Surgery, Western University:
Medical Ops in Theatre
(see page 2 for details)

Lunch Menu:



- Chef's choices will include:
 - Soup and Salad;
 - Soup and Sandwich;
 - Hot Entrée;
 - Dessert



Speaker: 10 January GCC Meeting at the WOS/OM

Speaker: LCol Dr. Vivian C. McAlister: Angus D. McLachlin Professor of Surgery, Western University: *Medical Ops in Theatre*

Dr McAlister is co-editor of the Canadian Journal of Surgery. He is the Angus D. McLachlin Professor of Surgery at the University of Western Ontario. He is a regular force member of the Royal Canadian Medical Service, Canadian Armed Forces, (rank Lieutenant Colonel) and has deployed overseas many times. He is a general surgeon, at University Hospital London, with special interest in hepatobiliary, endobiliary, transplant and combat surgery. His research interests include fundamental and clinical research in these areas as well as the history of medicine. He has been president of the Canadian Society of Transplantation and the Canadian Organ Replacement Registry. Dr McAlister was a member of council of the Royal College of Physicians and Surgeons of Canada and was chair of Region Advisory Committee (RAC) 3 (Ontario and Nunavut) of the Royal College..



GCC's November Meeting Speaker

Speaker: Susan Raby-Dunne: *The Real McCrae. An intimate look at the man behind the poem, In Flanders Fields*

(Right) GCC President Doug Acton expresses appreciation to Susan Raby-Dunne for her most informative presentation.



(Left)) Speaker Susan Raby-Dunne signs copies of her books for GCC Members.



More from GCC's November Meeting

• New Members:

(Right) New GCC Member: John Clements receives his certificate and name tag from GCC President Doug Acton.



(Left) GCC President Doug Acton welcomes New GCC Member Col Don Denne.

• GCC Honouring Veterans Initiative:

GCC was proud to honour the service of **Master Corporal Tobin Simcox CD** who served 3 tours in Afghanistan with 1 RCR. (See bio in the November Newsletter.)



Recent GCC Activities



Through Member Dues, GCC supports a number of worthwhile endeavours related to our mission. GCC Treasurer Barry Graham presents Col Don Denne with a cheque for \$500.00 to support the work of the *London Military Families Resource Centre*.



GCC was involved with promotion of the documentary *Clearing the Way: Combat Engineers in Kandahar*. The film was directed and produced by GCC Member Paul Culliton and had its World Premiere at the Forest City Film Festival where it won the *Audience Choice Award*. GCC also sponsored the attendance of Silver Cross Families at the premiere. In appreciation of that support, GCC was recognized on the evening of the premiere. (L) MGen Omer Lavoie who commanded the 1RCR Battle Group during Op Medusa; (C) Doug Acton GCC President; (R) Col Mark Gasparotto who commanded 2 Combat Engineer Regiment and wrote the book upon which the film is based.



On Remembrance Day, GCC wreaths were laid at the Cenotaph downtown and at the ceremony at Wolseley Barracks.



GCC President's Comments

Happy New Year to one and all.

Normally, our January Newsletter would contain the introductory comments of the incoming President. With the changes to the Constitution made at our last AGM, the current Executive slate will continue until the next AGM which will be 14 February 2018. I am honoured to continue serving in this elongated term as President of the Garrison Community Council as we transition to a new time frame.

Constitution Amendments coming forward to the AGM are attached. If you have any inquiries, please don't hesitate to contact me. A draft of the full Constitution with proposed changes is available upon request.

Garden Party: With the downsizing of the footprint of Wolseley Barracks and the resultant restructuring of the Messes, one bit of collateral damage which has occurred has been the *Garden Party*. After discussions with Col Chris Poole, Commander 31 CBG and LCdr Jeremy Breese, Commanding Officer HMCS Prevost, it has been agreed that GCC will establish and chair a committee to plan and execute the Garden Party. Chair is Beth Sayler with members Geoff Hutton, Doug Acton, and representatives from 31 CBG and HMCS Prevost. The location of the Garden Party will be HMCS Prevost at a date in June to be confirmed. Your support and thoughts are welcome.



Student Bursaries were distributed to *seven* worthy Primary Reservists in 2017. That is a significant amount of support provided by GCC thanks in no small part to the generosity of *General Dynamics Land Systems* and of our own Members. We continue to seek sponsors and to solidify and refine our bursary program. Bios of the 2017 recipients follow.



The **Nominations Committee** is always looking for Members interested in serving on the Executive. Please consider joining the leadership team of the GCC.

An organization is only as strong as the degree of engagement of its members. I encourage you all to make every effort to attend our General Meetings – and bring a guest. Consider contributing your time and ideas to any of the committees or initiatives above. In order to keep the GCC strong, we welcome your input, support, and involvement.

Doug Acton
President



GCC Bursary Recipients

Congratulations to those awarded GCC Bursaries this year:

Thanks to our committee of Former Presidents for their time and hard work in the selection process.



Winner of the Col Tom Lawson Award A/SLt Nathaniel Sukhdeo: HMCS Prevost

In addition to being a MARS Officer at HMCS Prevost, Nathaniel is currently a Graduate Student at the Royal Military College of Canada, pursuing a Master of Public Administration. After completing his Bachelor of Arts in Political Science at Western, he re-focused his efforts towards community development and engagement. Outside of the Navy, he can be found volunteering as the Chair of the Indigenous Peoples' Commission (Ontario), and with the Vision Quest Project, assisting in the deliverance of a multi-generation cultural program for Indigenous youth that promotes the revitalization of Indigenous cultures and languages through traditional teachings.

Cpl Hector Barquero: 31 Signal Regiment, Bravo Troop (London)

Cpl. Barquero is completing his final year as a specialist in Information Security and will complete his MSc in Computing Science with the University of Gloucestershire, UK. His education compliments his employment within the DND as he deals largely with the IT infrastructure of Military Operations. When he's not governing network architecture in labs; he codes, examines malware, and engineers signal repeaters in his spare time. He volunteers as a speaker educating youth in online safety and as a mentor in code camps. Cpl. Barquero hopes to integrate his passion for technology into Public Safety and the service of Canada."



Cpl Connor Hanenburg: 31 Combat Engineer Regiment

Connor is a third year Fire fighting Student from Lambton College out of Sarnia, ON. He has also been on the FireFit team at Lambton College for the past two summers and spends most of his time training to be the best he possibly can be. He has been in the Reserve Army in 31 CER for 3 years and enjoys training as a Combat Engineer, but has applied for a career as a Fire Fighter in the Canadian Armed Forces. He values education and the experience that previous professionals can teach from in the field experience. I am currently representing the Fire Science class in Louisville Kentucky for the worlds FireFighter Combat Challenge, and placing well.

2Lt William Assis, 4 RCR

William Assis is a 1st year student in the Masters of Science (MSc) in Neuroscience program at Western's Schulich School of Medicine and Dentistry. He specializes in cognitive neuroscience, and more directly the formation of long-term memories and spatial navigation. William intends to continue pursuing his studies, eventually earning a PhD in Neuroscience, with future work focusing on the neurological causes of combat-induced Post-Traumatic Stress Disorder (PTSD), Operational Stress Injury (OSI), and their potential treatments. Within the reserves William is a Platoon Commander with 4 RCR, mentor to subaltern officers, and seeks every opportunity to assist the unit where possible. He is active within his community volunteering with #9 Army Cadets Corps, and plans to join St. John Ambulance.



Cpl Menar Hasan, 4RCR

In his first year at Fanshawe College, Cpl Hasan has earned the President's Honour Roll accreditation for his high marks in his business program. Cpl Hasan is also a member of the YMCA Youth Advisory Council and has been recognized for his work in the community with the Ontario Volunteer Service Award. He aspires to continue his education and earn a Bachelors of Business Commerce after earning his diploma. Having deployed to Poland on Op Reassurance and in Meaford for Op Provision Cpl Hasan is committed to his studies, community, and regiment.



A/SLt Elizabeth Michels: HMCS Prevost

I am a student of Brescia University College and am currently working toward a Major in Psychology. Though I am studying psychology I intent to enter the political arena once I am finished my schooling. I am sure my Psychology degree will continue to assist me in my career as a NOW (previously MARS) Officer as well as in my future political endeavors. I joined the navy in April 2013 and have been working steadily toward my goal to become a Navigator. This past summer I was on the West coast in order to achieve my Watch-keeping Ticket on HMCS BRANDON and I will be returning to the coast when I finish my degree, hopefully for my first deployment.



Private Tyson Robinson, 4RCR

Tyson Robinson is currently registered at Fanshawe College in the Advanced Police Studies/Public Safety Program. Advanced Police Studies is an add-on to the Police Foundations program and as a one-year Ontario College Graduate Certificate Program. The program contains a co-op with two police services with the potential of being hired directly from the placement. Tyson indicates that the Reserves have provided him with training that he can use throughout his career and that serving his country has been a great honour. He plans to continue serving while having a career as a police officer.



GCC Bursary Presentations

GCC Board Members present Bursaries at unit awards parades. GCC is grateful to **General Dynamics Land Systems** for their generous sponsorship.

(L) GCC Secretary Beth Sayler presents the **Col Tom Lawson Award** to A/SLt Nathaniel Sukhdeo: HMCS Prevost



(R) GCC Secretary Beth Sayler recognizes A/SLt Elizabeth Michels: HMCS Prevost



(L) Former GCC President Jan Delaney presents to Cpl Hector Barquero: 31 Signal Regiment, Bravo Troop (London)



(R) LCol Martin Anderson joins Former GCC President Heather Broadhead to present to 2Lt William Assis, 4 RCR

31 Canadian Brigade Group Commander's Column

An informal view of the Brigade's activities.

January 2018

This short article, normally penned by a member of the Brigade staff, will offer a casual look at 31 CBG. Written with an intent to avoid heavy use of military lexicon, acronyms and abbreviations, the Commander's Column supports information sharing to groups with diverse backgrounds and will, hopefully, offer a less formal view of the Brigade overall, or the examination of specific issues or events.

C.W. Poole
Colonel
Comd 31 CBG



Army Reserve Recruiting

In 2017, as part of Strengthening the Army Reserve (StAR), a fundamental change occurred with a shift of responsibility for the recruiting of Army Reserve soldiers from the CAF recruiting system to the formations and units of the Army Reserve. Within a new shared responsibility model, the three main elements of this renewed approach have been defined as Attract, Process, and Enrol.

Within a new expedited enrolment model, the steps an applicant will undergo include:

1. Applicant shows up at the Armoury and meets with Brigade Unit Recruiter.
2. Applicant completes and submits an application package to the Brigade Recruiter (including parental consent when required).
3. Initial medical screening questionnaire.
4. FORCE fitness test.
5. Canadian Forces Aptitude Test (CFAT).
6. Interview by Recruiting Officer (RO).
7. Security Screening.
8. Enrolment.
9. Completion of Medical (if not completed earlier): The Medical Exam will be completed by Primary Reserve medical personnel as soon as possible, preferably before the start of the applicant's Basic Military Qualification course. Should the member not meet the minimum medical category, they will be released as an irregular enrolment.

Ideally the medical screening, FORCE fitness test, CFAT test, the Security Screening package, and an interview conducted by a Recruiting Officer (RO) or Personnel Selection Officer (PSO) will be conducted during a single processing day at the local armoury.

Anticipated advantages of Reserve Expedited Enrolment are a reduced number of visits by the applicant, quicker processing times; and the ability to control processing tempo and to adjust that tempo as required by circumstances. 31 CBG has divided the Brigade area into three “garrison” areas for recruiting purposes. These are the:

- a. Hamilton Reserve Recruiting Garrison,
- b. London Reserve Recruiting Garrison, and
- c. Windsor Reserve Recruiting Garrison.



Each recruiting garrison has a Recruiting Officer/Detachment Commander (Captain) and a number of Reserve Unit Recruiters (Class “B” Reserve Sergeants). Each garrison team focuses on the recruiting needs of the units in their area targeting local audiences with the intent of finding suitable applicants for the units they support.

NOREX ‘18

In early 2018, soldiers from 31 CBG will be heading northward to practice their skills in the harsh Arctic environment. Exercise NOREX ‘18 will see the deployment of the 31 CBG Arctic Response Company Group (ARCG) to Resolute, Nunavut. Fielded by the Grey & Simcoe Foresters with augmentation from across the Brigade, the ARCG will deploy to the Arctic, complete an acclimatization period, and conduct patrols from a base camp.

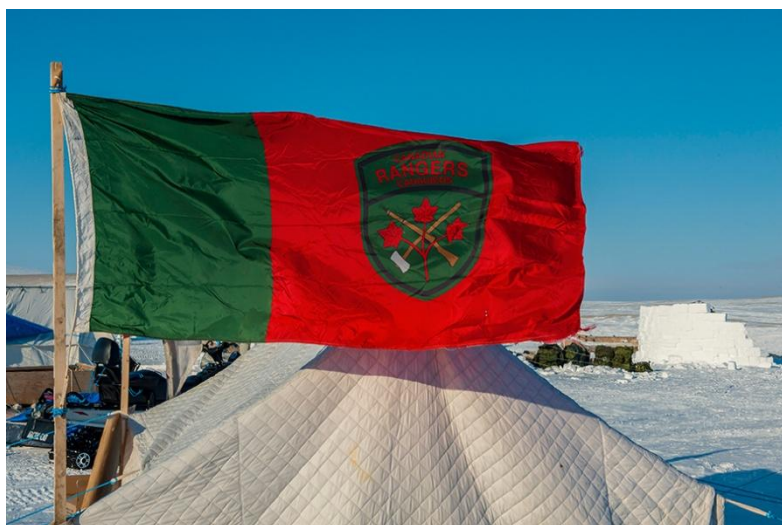
The Canadian Army maintains a variety of forces on standby for employment within Canada. These forces are designed to support other government departments in a response to a domestic emergency situation and include reasonably well known organisations such as SAR (Search and Rescue). The 4th Canadian Division, based in Ontario, maintains both Regular Army and Reserves on standby for employment in the Arctic. The Regular Army contribution to this emergency response capability is known as the Immediate Reaction Unit (IRU) with the Reserve component being called the Arctic Response Company Group (ARCG). Both the Regular and Reserve components of these standby forces, the IRU and ARCG respectively, will participate in NOREX ‘18 training in Nunavut during February 2018.

This training will be conducted from the Canadian Armed Forces Arctic Training Centre (CAFATC) located in Resolute, NU. An advance party will be deployed two weeks before the exercise begins, to conduct necessary equipment preparations. This group will be housed at CAFATC until the arrival of the IRU on 4 February 2018. Working with 20-25 Rangers, the approximately 110 soldiers in the IRU will then conduct acclimatization training in the vicinity of CAFATC prior to moving out on to the land. Movement

will be by military snowmobile to a temporary tented camp location approximately seven kilometres east of the Hamlet of Resolute.

From this camp smaller groups of soldiers numbering no more than 30 at a time will conduct patrols, on foot and ski-doo, further east reaching as far as the shore of Cornwallis Island. Similar sized groups may also return to CAFATC to conduct aerial patrols to the communities of Arctic Bay and Grise Fiord. These aerial patrols will use Twin Otter and DC-3 aircraft operating from permanent airfield locations. Once in these communities, the patrols will conduct short on foot in areas close to the communities. All patrols will be no more than 24 hours in duration before returning to the main camp.

On 8 February, the ARCG will arrive at CAFATC. The 110 member of the ARCG, once they have completed acclimatisation training, will relieve the IRU who will then return to CAFATC for travel south on 12 February 2018. ARCG training will be identical to that conducted by the IRU, including maintaining a camp in approximately the same location and the conduct of similar patrols.



Rangers from 1 Canadian Ranger Patrol Group (1 CRPG) will be accompany soldiers while at the main camp site as well as when on patrols. The ARCG will return to the south on 17 February. A 20 person group will remain in Nunavut until 20 February to complete post-exercise clean-up activities.

The overall aim of NOREX '18 training is to ensure the ability of the IRU and ARCG to move, communicate, operate, and survive in the harsh conditions of a Nunavut winter. This

will establish and confirm their ability to provide support to local communities and other government departments in the event of a domestic emergency.

The weather conditions that soldiers deploying on NOREX '18 can expect to face are:

- Average daytime high: -29C.
- Average night time low: -36C.
- Winds average of 15-20kph commonly with -40C wind-chill.
- Daylight: 1-6 hrs over the full deployment period.

Pro Aris et Focis



31 Service Battalion:



“Happy Holidays from the team at 31 Service Battalion!”

London Military Family Resource Centre (LMFRC)

Below is the link for the new FMFRC website. It will be down over Christmas and early New Year for re-work.

On the front page of our website, down near the bottom, we also have our calendar dates posted there as well.

<https://www.cafconnection.ca/London/Home.aspx>



Also, please visit our Facebook page as we advertise our programs & services there to.

<https://www.facebook.com/LondonMilitaryFamilyResourceCentre/>

The London Garrison Levees: Monday, 01 January 2018

No New Year's Day Levee at HMCS PREVOST

12:00 PM to 3:00 PM Wolseley Barracks - All Messes

2:00 PM to 4:00 PM 427 (London) Wing, RCAFA

10:30 AM to 12:00 PM 31 Combat Engineer
Regiment - Officers' Mess - St. Thomas

1:00 PM to 5:00 PM Royal Canadian Legion,
Byron-Springbank Branch 533

*Times/Locations known as of publishing. Times are subject to change.



Significant Military Dates- January

The list of significant military dates each month serves as background for the GCC's Honouring Veterans Initiative. The list is not conclusive and is for reference only.

4 January 1944	World War II	The Battle of the Moro River in Italy comes to an end.
16 January 1991	Gulf War begins	Unlike any conflict before, the Gulf War of 1991 played out in a brave new world of biological warfare. A round-the-clock television audience was captivated by the flying missiles that lit up the night sky. Canadian troops, sent abroad for combat for the first time since the Korean War joined the Allied forces to fight Iraq's invasion of Kuwait. On the surface, the occupation ended swiftly and decisively as the Iraqi forces retreated. But as was evident over the next decade, the problems remained unresolved.
17 January 1957	HMCS Bonaventure is commissioned	At Belfast, Northern Ireland. She is the first aircraft carrier to be owned outright by Canada and incorporates several post-war technical developments: an angled deck, mirror landing aid, and steam catapult.
23 January 1948	RCAF's 1 st jet	The Royal Canadian Air Force takes delivery of its first De Havilland Vampire jet fighter (destined for No. 410 Squadron).
27 January 1973	Vietnam War	Canadian Forces aircraft airlift 115 Canadian personnel to South Vietnam for peacekeeping duties (27-30 Jan).

30 January 1991	Gulf War	At the Battle of Babiyan a CF-18 Hornet attacks and causes irreparable damage to an Iraqi warship. It was the only CF-18 credited with an official victory during the Gulf War.
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With 86 in total, the Vampire F.3 was the first jet fighter to enter RCAF service in any significant numbers. It served to introduce fighter pilots not only to jet flying, but also to cockpit pressurization and the tricycle landing gear. The "Vamp" was a popular aircraft, easy to fly and considered a "hot rod."



GCC Meeting Dates- 2018

Program planning for 2018 is underway. Suggestions from members are always welcome. Please contact any member of the executive with ideas. Below are the dates to June, 2018.

- | | |
|---------------|------------|
| • 10 January | • 11 April |
| • 14 February | • 09 May |
| • 14 March | • 13 June |





GCC EXECUTIVE

President: Doug Acton
Treasurer: Barry Graham
1st Vice President: Geoff Hutton
3rd Vice President: Vacant

Past President: Gerry Treble
Secretary: Beth Saylor
2nd Vice President: Doug McAndless
Garrison Advisor: LCol David Fearon

Next Meeting: *10 January at the Warrant Officers' & Sergeants' / Officers' Mess, Beaver Hall, Wolseley Barracks. Meet & Greet at 11:15a.m. with lunch service beginning at 11:30 a.m., and speaker at 12:00 p.m.*

LCol Dr. Vivian C. McAlister will be our speaker



**Wolseley Barracks
Warrant Officers' & Sergeants' Mess**

**New Year's Day
Levee**

01 January 2018 from 1200 hrs to 1500 hrs

Dress: DEU 1A – Medals

Complimentary Food



***Colonel C.W. Poole, CD
Commander 31 Canadian Brigade Group
and
Chief Warrant Officer R.P.M. Talach, CD
Brigade Sergeant-Major 31 Canadian Brigade Group***

***Welcome you to the
Wolseley Barracks Warrant Officer's and Sergeant's Mess
New Year's Day Levée at
Beaver Hall, Wolseley Barracks***

Today's Menu

Chili – Rolls, Crackers and Butter
Assorted Cheese and Fruit Trays
Assorted Pickle – Vegetable - Olive Trays
Assorted Dips
Assorted Meat – Deli Trays
Coffee – Tea – Sugar – Milk - Sweetener
Moose Milk

~ ~ *Salutations to the Bar Staff and Cindy Smith, Mess Manager* ~ ~

Traditional Story On The Origins of Moose Milk

History of Moose Milk

Our friends to the North concocted this sweet Canadian treat, but the exact history of Moose Milk is widely unknown. With an onslaught of amusing anecdotes and reminiscent tales from our seasoned military friends, we decided to do some digging around to get the real scoop on the Moose Milk recipe. As it turns out, the historical rich and creamy beverage was the result of a happy accident during World War II. Looking for a little joy in wartime, the Royal Canadian Air Force hosted a dance and soiree at Camp Borden. Entertaining a mixed crowd, the base Commanding Officer tasked Flight Sergeant Jack “Pony” Moore with creating a drink appropriate for female company with enough zing to provide the attendees a good time. Frantically working to meet the Commanding Officer’s request, Flight Sergeant Pony crafted a punch of his own creation. The Moose Milk recipe (nameless at that time) was sweet and creamy enough to delight the taste buds but packed a hidden punch as it was made predominantly of rum! Men and women alike praised the punch, delighting in its effects late into the night. It’s popularity prompted the Commanding Officer’s wife to ask Pony for the recipe for this mysterious drink. With a smile, Pony coined the term Moose Milk, reflecting his Canadian wit. Today, the Moose Milk recipe is beloved nation-wide. It’s commonly served throughout Canada for everything from festival holiday parties to mid-morning brunch.



GARRISON COMMUNITY COUNCIL- LONDON AND REGION
NOTICE OF MOTIONS (Rev. 1)
ANNUAL GENERAL MEETING – 14 February 2018

Proposed Amendments (3) to the GCC Constitution

The GCC Constitution may be amended by a majority vote of the Regular Members present at the Annual General Meeting of the GCC with 14 days written notice. <http://www.gcclondon.ca/pdf/Constitution-Revised-2016.pdf>

- Motion 1: That the Constitution be re-numbered in a consistent format.
- Motion 2: That the nomenclature in the Constitution be revised for consistency and currency.
- Motion 3: That language be added to provide flexibility to Executive portfolios and to corresponding Sub-Committee structure.
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(Suggested additions to Constitution are highlighted in **turquoise**- deletions are highlighted in **yellow**.)

1) Proposal to re-number the Constitution

Motion 1: That the Constitution be re-numbered in a consistent format.

Purpose: This is a housekeeping motion. There have been many amendments to the Constitution over time and the format for numbering has been varied. This will apply a common format to the whole document. Some typos and punctuation will also be addressed.

2) Proposal to update nomenclature for consistency and to reflect current practice

Motion 2: That the nomenclature in the Constitution be revised for consistency and currency.

Purpose: There are areas in the Constitution where wording is inaccurate, inconsistent, ambiguous, out of date, or not reflective of current practice. The specific changes follow:

...from the Constitution (below)

5. STRUCTURE OF ORGANIZATION

(1) The organization of the GCC shall have **three** **four** levels of responsibility:

- (a) Executive Committee;
- (b) Advisory Committee;
- (c) Sub-Committees; and
- (d) General Membership.

(3) The Advisory Committee shall consist of:

- (a) all former Presidents of the GCC

(4) The Executive Committee and the Advisory Committee meeting together shall be known as The Board.

(a) At Board Meetings:

I the Members of the Executive Committee shall conduct the principal day-to-day operations of the GCC. **This membership will be the numbers referred to for quorum at all Executive meetings and** A quorum (see Article 10 (2) (b)) being present, each Executive Member will **cast** **hold** a vote excluding the President unless a tie is to be broken and then the President will **hold** **cast** the final vote to break the said tie.

II the Members of the Advisory Committee shall contribute to discussion and decision-making as non-voting Members. **All past Presidents may serve on the Advisory Committee and will be welcome and invited to all Executive meetings as non-voting members.**

6. TERMS OF SERVICE

(2) Each appointment will **generally** serve in succession in each **post** Office;

8. MEMBERSHIP

(1) Classes of Membership:

a. The General Membership shall consist of three classes of Membership:

I **There shall be one** **The principle** class of membership **that** shall be known as **Regular Membership**. All **Regular Members** are entitled to vote on matters pertaining to the objectives and internal administration of the GCC.

II The Executive Committee may **also** approve positions as **Honorary Members** as non-voting Members,

III The Executive Committee may create as **and** **Life Members** those worthy individuals who have served with distinction the GCC and its mission. **Life Members** are **as** voting **Members**

(2) **Regular Members** **of from** the Civilian Community

(3) **Regular Members** **of from** the Military Community

(4) **Regular Members** **of from** the Military Community – Allied Countries

9. DUTIES AND RESPONSIBILITIES

- (1) (b) V The Student Bursary Selection Committee shall
- i. have as its chairperson the immediate Past President;
 - ii. consist of all past former presidents available to participate;

10. MEETINGS

(1) The following meetings shall be held:

- (a) **Monthly General Meetings**-The GCC shall meet on the second Wednesday of each month, except July, August and December, unless otherwise directed by the Executive Committee. The venue, activity, and timing for each meeting shall be coordinated at the discretion of the Program Committee reporting to the Executive Committee. The conduct of each meeting shall be in accordance with Parliamentary Procedure consistent with “Robert’s Rules of Order Newly Revised” including motions, amendments and voting. The Chatham House rule (see Glossary) may be used for all or part of meetings as determined by the Executive.

- (b) **Board Meetings**- The Board shall meet on the first Wednesday of each month, except July, August and December, unless otherwise directed by the Executive Committee. The venue, activity, and timing for each meeting shall be coordinated at the discretion of the President reporting to the Executive Committee.

Note: The conduct of each meeting shall be in accordance with Parliamentary Procedure as followed in Robert's Rules (see Glossary) including Motions, amendments and voting.

(2) Quorum

- a. The Quorum for any Regular General Meeting, Annual General Meeting, twenty-five percent (25%) of the paid members of the Membership as a whole and those represented by Proxy to any member in attendance of said meeting.
- b. Executive Committee or any Standing Sub-Committee meeting shall be a simple majority of Members in attendance.

Note: The Executive Committee has 6-7 members.

11. Nominations and Elections

- (1) (d) Election of Officers shall be made by secret ballot. The Officers shall be elected by majority vote of those Regular Members and Life Members present and voting.

12. Membership Dues

- (1) Regular Members shall subscribe to annual Membership Dues. The Membership fees Dues shall be established annually by the Executive Committee.

- (2) (a) Commander or Designate of the Land Forces Central Area (LFCA) 4 Division
- (b) CO Comd, 31 Canadian Brigade Group (CBG)
- (e) CO, 31 Canadian Combat Engineer Regiment (The Elgin's)

(3) In addition to the aforementioned exemptions, the following positions shall be exempt from the said annual Membership Dues of \$100.00.

- (a) President of the Wolseley Barracks Officers' Mess Committee (PMC) Presidents of the Messes (PMCs) of Wolseley Barracks and HMCS Prevost

13. ACCOUNTABILITY

- (1) The principals of honesty, integrity, loyalty and patriotism govern the foundation of GCC General Regular Membership. ...
- (3) ... shall be announced at the Regular General Meeting

3) Proposal to revise 'Terms of Service' and 'Duties and Responsibilities' to update language and reflect current practice

Motion 3: That language be added to provide flexibility to Executive portfolios and to corresponding Sub-Committee structure.

Purpose: Changes made will revise Executive portfolio and Sub-Committee language from "shall" to "generally" and permits the Executive to alter if needed with "notwithstanding" language. This updates Constitution language to current practice.

...from the Constitution (below)

6. TERMS OF SERVICE

- (2) Each appointment will generally serve in succession in each post Office; ... Thus individuals appointed to the Executive Committee shall normally serve a total of five (5) years; thus, ensuring continuity in GCC deliberations and operations.
- (3) The duties of the Secretary and Treasurer may, at the discretion of the other Members of the Executive Committee, be allocated to one or two separate individuals. The Secretary and Treasurer shall serve in his/her appointment for two (2) years and may be re-elected for no more than a further 2 terms (of 2 years each) at the discretion of the Executive.
- (4) Notwithstanding the provisions of the Terms of Service, an individual may apply to serve for further terms on the Executive Committee at the discretion of the other Members of the Executive Committee. The sequence of succession through the offices of the Executive Committee may also be adjusted at the discretion of the Executive Committee

7. SUB COMMITTEES

- (2) Terms of Service:
 - (a) The Terms of Service of Sub-Committees will generally mirror those of the Executive Committee.

9. DUTIES AND RESPONSIBILITIES

(1) The duties and responsibilities of the Members of the Executive Committee and Standing Sub-Committees shall normally be as follows:

(a) Executive Committee

I The **President** shall,

ii. sit Ex-officio on all Sub-Committees;

II The **1st Vice President** shall,

ii. sit as Executive liaison or Chair the Membership Committee;

(NOTE: Subsequent VP Offices are amended accordingly)

(c) Standing Sub-Committees

I The Membership Committee shall,

ii. have as its Executive liaison or Chairperson the 1st Vice President;

iii. be made up of the 1st Vice President and no less than four (4) other Members chosen from the General Membership

(NOTE: Sub-Committees II and III are amended accordingly)

Notwithstanding the Duties and Responsibilities stipulated above for Executive Committee Members and for Standing Sub-Committees, the Executive Committee may at its discretion