



**Winner of the Col Tom Lawson Award  
A/Slt Nathaniel Sukhdeo: HMCS Prevost**

In addition to being a MARS Officer at HMCS Prevost, Nathaniel is currently a Graduate Student at the Royal Military College of Canada, pursuing a Master of Public Administration. After completing his Bachelor of Arts in Political Science at Western, he re-focused his efforts towards community development and engagement. Outside of the Navy, he can be found volunteering as the Chair of the Indigenous Peoples' Commission (Ontario), and with the Vision Quest Project, assisting in the deliverance of a multi-generation cultural program for Indigenous youth that promotes the revitalization of Indigenous cultures and languages through traditional teachings.

**Cpl Hector Barquero: 31 Signal Regiment, Bravo Troop (London)**

Cpl. Barquero is completing his final year as a specialist in Information Security and will complete his MSc in Computing Science with the University of Gloucestershire, UK. His education compliments his employment within the DND as he deals largely with the IT infrastructure of Military Operations. When he's not governing network architecture in labs; he codes, examines malware, and engineers signal repeaters in his spare time. He volunteers as a speaker educating youth in online safety and as a mentor in code camps. Cpl. Barquero hopes to integrate his passion for technology into Public Safety and the service of Canada."



**Cpl Connor Hanenburg: 31 Combat Engineer Regiment**

Connor is a third year Fire fighting Student from Lambton College out of Sarnia, ON. He has also been on the FireFit team at Lambton College for the past two summers and spends most of his time training to be the best he possibly can be. He has been in the Reserve Army in 31 CER for 3 years and enjoys training as a Combat Engineer, but has applied for a career as a Fire Fighter in the Canadian Armed Forces. He values education and the experience that previous professionals can teach from in the field experience. I am currently representing the Fire Science class in Louisville Kentucky for the worlds FireFighter Combat Challenge, and placing well.



**2Lt William Assis, 4 RCR**

William Assis is a 1st year student in the Masters of Science (MSc) in Neuroscience program at Western's Schulich School of Medicine and Dentistry. He specializes in cognitive neuroscience, and more directly the formation of long-term memories and spatial navigation. William intends to continue pursuing his studies, eventually earning a PhD in Neuroscience, with future work focusing on the neurological causes of combat-induced Post-Traumatic Stress Disorder (PTSD), Operational Stress Injury (OSI), and their potential treatments. Within the reserves William is a Platoon Commander with 4 RCR, mentor to subaltern officers, and seeks every opportunity to assist the unit where possible. He is active within his community volunteering with #9 Army Cadets Corps, and plans to join St. John Ambulance.



**Cpl Menar Hasan, 4RCR**

In his first year at Fanshawe College, Cpl Hasan has earned the President's Honour Roll accreditation for his high marks in his business program. Cpl Hasan is also a member of the YMCA Youth Advisory Council and has been recognized for his work in the community with the Ontario Volunteer Service Award. He aspires to continue his education and earn a Bachelors of Business Commerce after earning his diploma. Having deployed to Poland on Op Reassurance and in Meaford for Op Provision Cpl Hasan is committed to his studies, community, and regiment.



**A/Slt Elizabeth Michels: HMCS Prevost**

I am a student of Brescia University College and am currently working toward a Major in Psychology. Though I am studying psychology I intent to enter the political arena once I am finished my schooling. I am sure my Psychology degree will continue to assist me in my career as a NOW (previously MARS) Officer as well as in my future political endeavors. I joined the navy in April 2013 and have been working steadily toward my goal to become a Navigator. This past summer I was on the West coast in order to achieve my Watch-keeping Ticket on HMCS BRANDON and I will be returning to the coast when I finish my degree, hopefully for my first deployment.



**Private Tyson Robinson, 4RCR**

Tyson Robinson is currently registered at Fanshawe College in the Advanced Police Studies/Public Safety Program. Advanced Police Studies is an add-on to the Police Foundations program and as a one-year Ontario College Graduate Certificate Program. The program contains a co-op with two police services with the potential of being hired directly from the placement. Tyson indicates that the Reserves have provided him with training that he can use throughout his career and that serving his country has been a great honour. He plans to continue serving while having a career as a police officer.

