



**Winner of the Col Tom Lawson Award
Jung Hun Kim, AB: HMCS Prevost**

As a student reservist my main aspiration is community work. As an active member of HMCS Prevost, I have held many positions such as Pre-BMNQ co-lead PT instructor, Junior ISA assistant, DC coordinator and actively seek every opportunity I can take to maximize my involvement and employment with the reserves. I am an active volunteer for the London District Distress Call centre, Masonville Manor Retirement Living, London First Korean Presbyterian Church and TVDSB EQAO Assistant. I attend King's University College at Western and am enrolled in a 4 year Bachelor of Arts degree, Major in Criminology.

Samuel Wyllie, CPL: 4RCR

Samuel Wyllie is a 3rd year student of a four year Bachelor of Social Work degree at King's University College who plans to apply to the Master of Social work program once he obtains his Bachelor degree. He is inclined to help others so that they can reach their full potential. To help attain this goal, he volunteers with multiple peer-to-peer programs as a mentor. These programs include the Big Brothers, Big Sisters, Victorian Order of Nurses and the London Cross Cultural Learner Centre. In the Reserve Force he is highly respected among his fellow soldiers as a team player with a tremendous positive attitude that is contagious.



Tyler Kerr, O.S.: HMCS Prevost

After spending two years at Fanshawe College in Police Foundations and earning the President's Honour Roll, he has continued his studies at Kings College at Western University. He is currently in a full time course for a degree in Criminology. He was recognized as Top Student on his QL3 course this summer with the Royal Canadian Navy. He volunteers with Big Brothers to mentor grade 7 and 8 boys to teach them healthy body image, self-esteem and overall healthy living. He aspires to have a career in law enforcement specifically with the Ontario Provincial Police.

Luke Helpard, OCdt: 31 Signal Regiment

I have completed 2 years of a 3 year program in Electrical Engineering at the University of Western Ontario. My studies provide me with a large amount of technical skills and knowledge that is relevant to my trade of Signals. My schooling also offers me many opportunities to enhance my professional skills thus allowing me to grow and be a more effective leader in the Canadian Armed Forces. A reference indicates, "Since the moment he started to parade with Bravo Troop, he was eager to learn and participate in group activities. He is a great collaborator when working with others, bringing good & fresh ideas. He is very respectful of the chain of command and he acts fairly with subordinates in a leading role."



Bader Kaseem, O.S.: HMCS Prevost

Only recently have I learned that the best things in life do not come easy. I have learned to push myself to grow outside my comfort zone, by improving myself physically, then mentally and emotionally. With working hard I will graduate from Fanshawe College in Business Entrepreneurship and Management with a high GPA. I have been offered a chance to continue my education at a University so that I may receive a Bachelor's Degree. This will open many opportunities including being able to become an Officer in the CAF.

Ryan Romaniuk, AB: HMCS Prevost

At the present time I am enrolled in Fanshawe College and will be attending University to major in Psychology with a specialization in Mental Health. This way I can help others as much as they helped me. Ryan has been employed with the Royal Canadian Naval Reserve from 15 Nov. 2013 and is currently training as a member of Deck department learning leadership skills, weapons training, small boat driving and life onboard naval way vessels. He is always taking on new duties.



Hunter Johnson, O.S.: HMCS Prevost

Growing up in a Military family I have the gift of being exposed to various experiences. With my father being posted overseas I was frequently moved by the Dutch people's appreciation towards Canadians. These unforgettable experiences made me eager to increase my knowledge of the media and the relationship between the military and the public. I am currently pursuing an Honours degree in Media, Information & Technoculture at Western University. I joined the Naval Reserves in May 2015 and after completing my degree I hope to become a Public Affairs Officer.